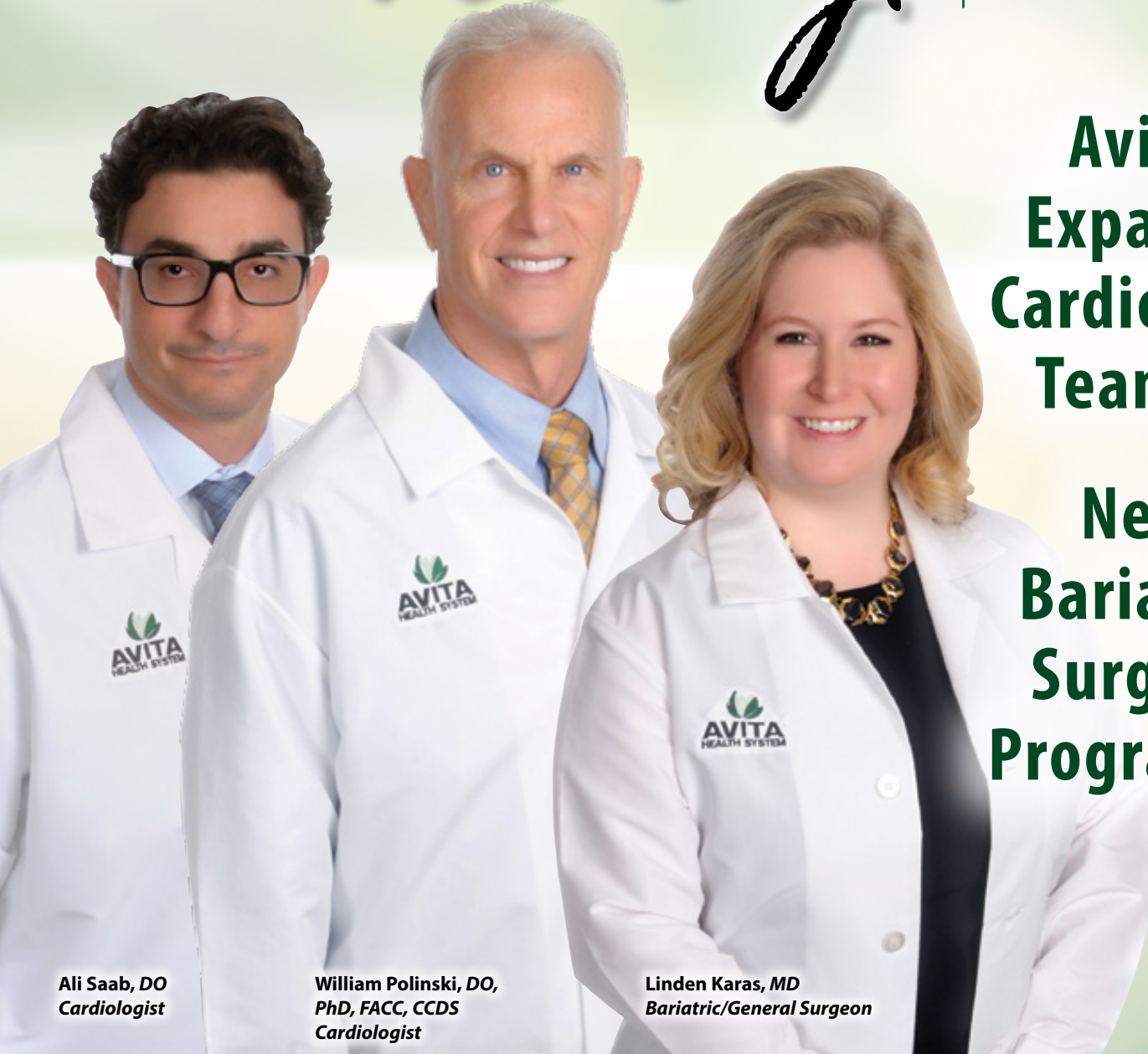


DECEMBER 2017

# AVITA *Today*

## INSIDE:

- 2 Avita Welcomes New Pain Management Physician
- 3 Benefits of a Hospital-Based ER
- 8 Joint Replacement Program
- 13 Dr. Terry Walker's Military Training Mission
- 14 Complete Provider Listing



## Avita Expands Cardiology Team Pg 6

## New Bariatric Surgery Program Pg 4

Ali Saab, DO  
Cardiologist

William Polinski, DO,  
PhD, FACC, CCDS  
Cardiologist

Linden Karas, MD  
Bariatric/General Surgeon



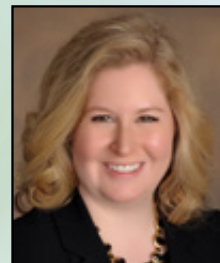
If you are seeking a medical provider, call our **Provider Referral Hotline at 419-468-0961.**

Our courteous staff will help secure an appointment for you with a primary care provider or help find the right specialist to take care of your healthcare needs.

# Welcome

## New Providers on the AVITA TEAM

### BARIATRIC SURGERY



**Linden Karas, MD**  
710 Richland Mall, Ontario  
567-307-7854

### CARDIOLOGY



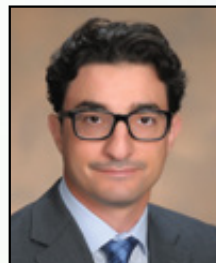
**Virenkumar Patel, MD**  
269 Portland Way S, Galion  
419-462-4600

### CARDIOLOGY



**William Polinski, DO**  
715 Richland Mall, Ontario  
419-462-4600

### CARDIOLOGY



**Ali Saab, DO**  
629 N Sandusky Ave, Bucyrus  
269 Portland Way S, Galion  
419-462-4600

### INTERNAL MEDICINE



**John Nirmalnath, MD**  
2981 W Fourth St, Ontario  
419-462-4561

### UROLOGY



**Eric Ward, MD**  
269 Portland Way S, Galion  
419-468-0732

### UROLOGY



**Richard Klump, MD**  
269 Portland Way S, Galion  
715 Richland Mall, Ontario  
419-468-0732

### FAMILY MEDICINE

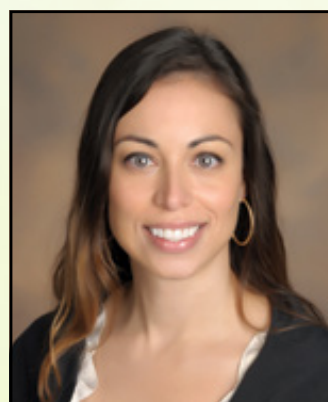


**Patty Fleming, CNP**  
715 Richland Mall, Ontario  
419-529-6195

## Dr. Samantha Neuwirth, Pain Management Physician

According to the National Institutes of Health, pain affects more Americans than diabetes, heart disease, and cancer combined. One out of every four Americans have suffered pain that lasts longer than 24 hours, yet many do not seek treatment. Too often, people worry that their struggle with pain will never go away. Dr. Samantha Neuwirth wants to put those fears to rest.

Fellowship-trained in interventional pain management, Dr. Neuwirth is trained to provide the most advanced treatments in the management of both acute and chronic pain. These treatments are more tolerable, less invasive, and very effective at returning patients to a better life. Dr. Neuwirth is dedicated to creating a balanced treatment program for her patients that incorporates a variety of modalities, including physical therapy, medication management, interventional procedures, and referral for alternative treatments.



Samantha Neuwirth, MD

### Offices at:

629 N Sandusky Ave, Bucyrus  
269 Portland Way S, Galion  
715 Richland Mall, Ontario

To schedule an appointment, call **419-462-4547**

AVERAGE DOOR-TO-DOC TIME IS 19 MINUTES!

\*\*\*  
RANKED IN THE  
95<sup>TH</sup> PERCENTILE  
IN PATIENT  
SATISFACTION

AVITA ONTARIO  
HOSPITAL-BASED

24 HOUR  
ER & FAST  
TRACK

On February 6, 2017, Richland County and surrounding residents who needed emergency care had a new option when Ontario Hospital opened their doors at 9:00 am. By 9:04 am, the first patient arrived and was quickly seen, diagnosed, and wheeled up to surgery. The patient had no idea that the next few hours would be spent surrounded by surgical nurses, anesthesia, and a surgeon.

During a patient's ER visit, having an entire hospital team is essential. With immediate access to radiology, lab, inpatient care, and surgical care, patients benefit from quicker treatment and have a decreased risk of transport to another facility.

Ontario Hospital's Emergency Department is a 24-hour, full-service option in emergency medicine. Directed by Dr. Anthony Midkiff and staffed with board-certified and emergency-trained physicians, as well as advanced practitioners and nurses, the Ontario Hospital ER ensures patients receive high quality care when it is needed most.



Dr. Anthony Midkiff  
Avita's Emergency Medicine Director

### ER FAST TRACK

In Galion & Now in  
Ontario

Avita implemented an ER process called FastTrack at Galion and Ontario Hospitals that enables patients with non-critical injuries or illnesses to be seen faster when visiting the ER.



### ONTARIO HOSPITAL EMERGENCY ROOM HAS IMMEDIATE ACCESS TO:

- Surgical Care
- Inpatient Care
- Radiology
- Lab Services
- Stroke and Burn Equipment
- Forensic Services for victims of sexual assault and abuse

# Bariatric and Metabolic Surgery at Avita

With the addition of fellowship-trained bariatric surgeon, Dr. Linden Karas, Avita has started a surgical program focused on individuals who are struggling with health problems and disabilities as a result of obesity. Through Avita's comprehensive bariatric program, individuals have several options for improving their health and quality of life.

Bariatric and metabolic surgery has helped thousands of people discover life at a healthier weight, resolving many health conditions associated with severe obesity. "Bariatric surgery is more than a weight-loss solution," comments Dr. Karas. "Rather, it improves and/or resolves many obesity-related conditions such as Type 2 diabetes, high blood pressure, heart disease, stroke, osteoarthritis, sleep apnea, reflux/GERD, incontinence, fatigue, back and joint pain, depression, and mobility issues."

The first step for individuals who are considering bariatric surgery is to become informed about the surgical options and the pre-surgical process. Avita's program is very thorough and patients are required to complete several pre-screening appointments and tests prior to surgery, which is standard in any quality bariatric program. Pre-surgical requirements include clearance from a primary care physician and psychologist, lab work, radiology procedures, and visits to a nutritionist and/or dietician.



## About Dr. Karas

Dr. Linden Karas obtained her medical degree from Wright State University. She continued her education and training through a General Surgery residency program at Mercy Catholic Medical Center, which was followed by a Fellowship in Advanced Laparoscopic and Bariatric Surgery at the Cleveland Clinic. During her residency, Dr. Karas received the Outstanding Minimally Invasive Surgery Resident Award.

## CONTACT INFORMATION

**567-307-7854**  
710 Richland Mall, Suite L

“Surgical intervention is the most effective treatment for obesity to date. Weight-related health conditions were resolved in up to 80% of people.”  
- American Society of Bariatric and Metabolic Surgery

## Find out if you are a candidate

To know if bariatric surgery is an appropriate treatment option, one must:

- Have a BMI of at least 35 with one or more obesity-related health conditions. Calculate your BMI at: [bmi-calculator.net](http://bmi-calculator.net)
- Have failed more conservative weight loss alternatives (*diet, exercise, and behavior modifications*)
- Be at least 18 years of age

## Get Informed

You may schedule an appointment with Dr. Karas and/or attend an in-person seminar or webinar on Avita's website at [www.avitahs.org](http://www.avitahs.org). Seminar or webinar participants will learn about the benefits of bariatric surgery, the program requirements, as well as, surgical options.

### Upcoming Seminars:

January 6, 1:00 pm at Galion Hospital

January 11, 6:00 pm at Ontario Hospital

January 27, 1:00 pm at Ontario Hospital

**To reserve your spot at one of Avita's bariatric seminars, call 567-307-7854.**

## Dr. Karas joins Avita's General Surgery team



Joseph Centa, MD, FACS  
1593 Olentangy Rd., Galion  
715 Richland Mall, Ontario  
419-468-7785



Daryl Sander, MD, FACS  
1593 Olentangy Rd., Galion  
419-468-7785

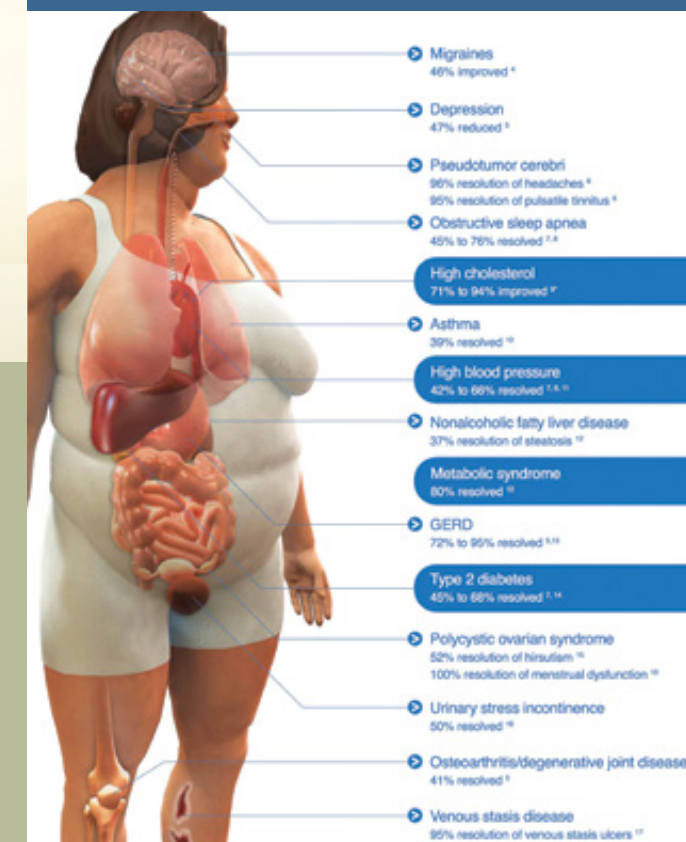


David Zaghlool, DO, FACS  
1593 Olentangy Rd., Galion  
715 Richland Mall, Ontario  
419-468-7785

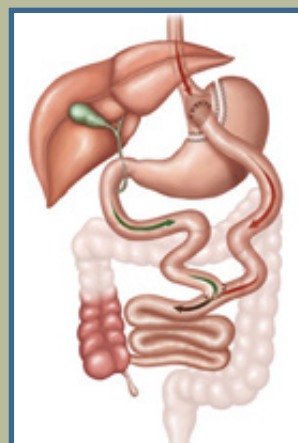


P. Stephen Novack, DO  
(Non-surgical)  
1593 Olentangy Rd., Galion  
419-468-7785

## Resolution of disease after bariatric surgery

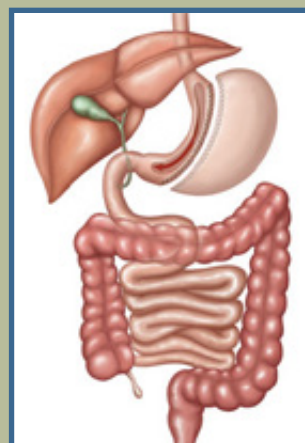


## Types of Surgical Procedures Available



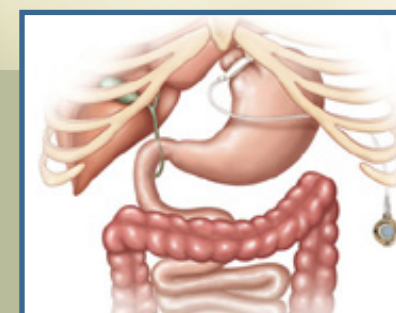
### Gastric Bypass

The surgeon creates a small stomach pouch and attaches it to a portion of the small intestine, allowing food to bypass a portion of the small intestine causing fewer calories to be absorbed. This procedure causes patients to feel full sooner and eat less food.



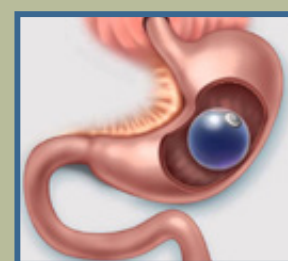
### Sleeve Gastrectomy

A thin portion (or sleeve) of stomach is created and the excised portion of the stomach is removed. By reducing the size of the stomach, individuals are limited to the amount of food they can consume.



### Gastric Banding

A band is placed around the upper part of the stomach, squeezing it to decrease how much food can be consumed. The tightness of the band can be regulated through a port under the skin on the abdomen.



### Gastric Balloon

An inflated, silicone balloon is inserted into the stomach endoscopically (through the mouth) so there is less room for food, creating a feeling of fullness.

# Dr. Polinski Joins Avita Cardiology



Ontario Hospital Cardiac Rehab: 567-307-7845  
 Galion Hospital Cardiac Rehab: 419-468-0753  
 Bucyrus Hospital Cardiac Rehab: 419-563-9317

## CARDIAC REHAB

### Now Open at Ontario Hospital



For almost 30 years, Dr. William Polinski has been providing cardiovascular disease diagnosis and treatment to patients in Richland County and the surrounding area. He spent the majority of his career in Mansfield, serving patients at Mid-Ohio Heart Clinic, and most recently, at the Cleveland Clinic in Wooster. He is a cardiac device specialist who practices both invasive and non-invasive cardiology. His special interests include: coronary heart disease, heart failure, cardiac defibrillators, sports cardiology, and exercise physiology.

At Avita, Dr. Polinski offers pacemaker implantation and evaluation for patients with slow heart rates, and fainting spells, as well as evaluation and utilization of defibrillators for patients with suspected or documented rhythm disorders that may be potentially life-threatening.

Implantable cardiac devices may be used for diagnostic and therapeutic reasons in patients suspected or known to have rhythm disorders. This includes implantable loop recorders for patients who have symptoms of irregular heartbeats or symptoms of episodic light-headedness.

Dr. Polinski earned his Doctor of Osteopathy from Ohio University. He completed a residency in internal medicine at Doctor's Hospital and a fellowship in cardiology at the Cleveland Clinic. He is board-certified in both internal medicine and cardiology. Dr. Polinski is also certified in cardiovascular implantable electronic devices (CIED).

Dr. Polinski is a member of the American Osteopathic Association, American College of Cardiology, the American Heart Association, and Heart Rhythm Society.

**William Polinski, DO, PhD, FACC, CCDS**  
 Office located in Ontario  
 419-462-4600

## Dr. Errol Williams continues quality care



As a Fellowship-trained Cardiologist, Dr. Errol Williams continues to provide top-notch care to patients with conditions of the heart. He holds a special interest in wellness, congestive heart failure, and prevention. Dr. Williams has a unique interest in dancing and often prescribes it to his patients.

*Saturday appointments are available!*

Office locations at:  
 629 N Sandusky Ave, Bucyrus  
 715 Richland Mall, Ontario  
 419-462-4600

**Errol Williams, MD**

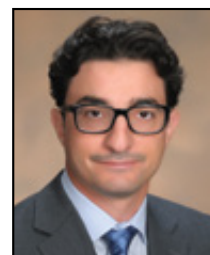
### Also welcoming: Dr. Virenkumar Patel & Dr. Ali Saab



**Virenkumar Patel, MD**

Fellowship-trained in Cardiovascular Medicine at the University of Illinois in Chicago, Dr. Virenkumar Patel earned his medical degree from the Ohio State University College of Medicine. Dr. Patel has special interests in cardiac oncology and enjoys teaching medicine as a professor at The Ohio State University.

Office located at 269 Portland Way S, Galion  
 419-462-4600



**Ali Saab, DO**

Board-certified in cardiovascular disease, Dr. Ali Saab comes to Avita from Metro Health Hospital in Grand Rapids, MI. He earned his Doctor of Osteopathy at Des Moines University, IA, and completed an internal medicine residency at the University of Minnesota Medical Center in Minneapolis. Dr. Saab completed his fellowship in cardiovascular medicine at the University of Vermont Medical Center in Burlington, where he also served as clinical assistant instructor.

Office locations at 269 Portland Way S, Galion and 629 N Sandusky Ave, Bucyrus  
 419-462-4600

Avita has opened its third Cardiac Rehabilitation Department at Ontario Hospital. Through this medically prescribed program, heart patients benefit from exercise and education led by a physician and other trained professionals. Cardiac rehab is designed to help heart patients improve their overall cardiovascular health and reach their full potential to live an active lifestyle.

Patients recovering from a heart attack, heart surgery, heart transplant, or from chronic heart failure may benefit from a cardiac rehab program. Studies confirm that heart patients who participate in a supervised rehabilitation program recover quicker, have fewer hospital admissions, and may have a reduced incidence of additional heart problems.

A cardiac rehab program generally lasts three months, with sessions three times a week. The program typically includes a combination of:

- **Supervised exercise training to improve cardiovascular fitness:** The type and intensity of physical activity recommended will depend on the severity of your heart condition. Generally, your exercise routine will include both aerobic exercise and muscle-strengthening activities that may include lifting weights or using elastic bands.
- **Nutrition counseling to help you eat a heart healthy diet**
- **Education about your condition and how to best keep up with medical therapies and manage other cardiovascular risk factors**
- **Skill-building and emotional support to boost your ability to cope**



### AN AMERICAN HEART ASSOCIATION PARTNERSHIP

Bucyrus Hospital partners with the American Heart Association and provides a regional AHA Training Center to educate and improve the lives of others. Through the training center, Avita serves the community and our employees by providing training and courses in areas including basic life support, first-aid, pediatric life support, blood borne pathogens, EKG, pharmacology, and CPR. Certification is given to participants in these programs and there are over 375 active instructors. Avita is passionate about the goals of the American Heart Association and is proud of this initiative.

# JOINT REPLACEMENT & REVISION SURGERY

## now at ONTARIO HOSPITAL

In October 2017, patients needing joint replacement gained another choice in where to have surgery. Joint replacements and revisions are now being offered at Avita Ontario Hospital, in addition to Galion and Bucyrus Hospitals. Dr. Scott Foster and Dr. Kyle Randall are among the orthopedic surgeons to offer joint replacement at Avita's newest facility. Dr. Foster performs total hip and knee replacements and revisions, while Dr. Randall performs total shoulder and knee replacements. Ontario Hospital boasts four state-of-the-art operating rooms, fully

equipped with the latest medical technology. These expansive suites provide our orthopedic surgeons with the tools, space, and comfort needed to provide top-quality surgical care that patients have become accustomed to at our other hospital locations.

### JOINT CAMP

All three Avita locations provide more than just surgery. When patients undergo joint replacement, we offer an exclusive, educational experience called Joint Camp. Hosted by the orthopedic staff, Joint Camp is designed to educate patients and their

support person as to the expectations and routines of their upcoming inpatient stay. Patients are invited to tour the facility and attend a luncheon, which allows them the opportunity to meet other patients embarking on the same journey. As a group, they are all introduced to the ancillary care opportunities that will be important in their recovery. In an unhurried setting, staff from pharmacy, customer service, therapy, social services, anesthesia, pre-admission testing, and dietary provide information and invite patients to ask questions regarding each of their areas of expertise.

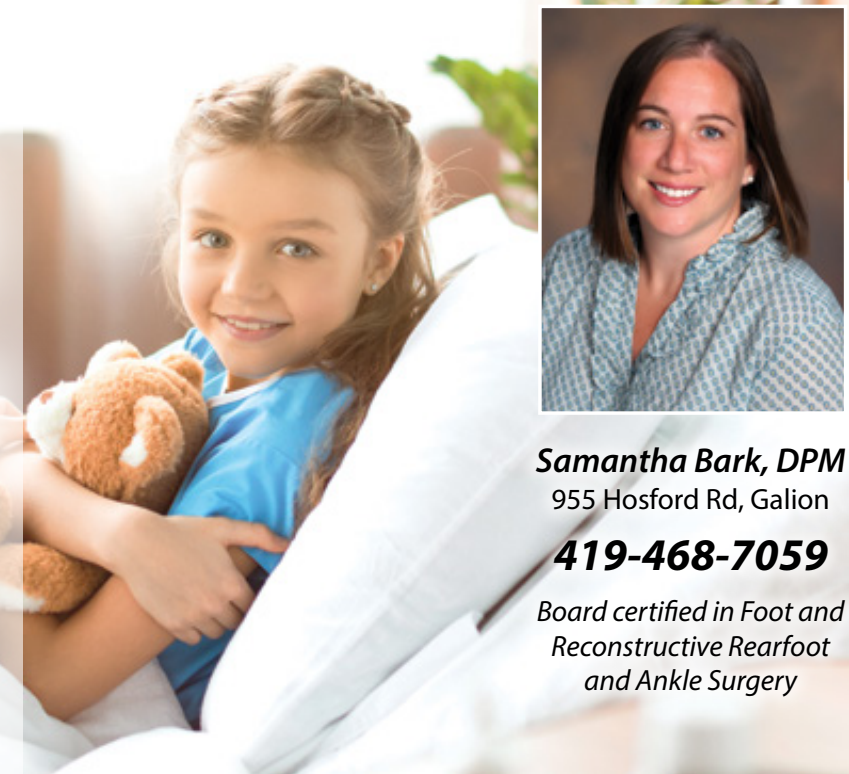


Avita's Joint Replacement Program consistently ranks in the **top 90th percentile for patient satisfaction.**

## AVITA'S FOOT AND ANKLE SURGEON CARES FOR PATIENTS OF ALL AGES...

### INCLUDING KIDS!

Dr. Samantha Bark dedicates her days at Avita caring for ankles, heels, arches, and toes...including those of children. Through extensive training and a Pediatric Orthopedic Fellowship at the Rubin Institute for Advanced Orthopedics Limb Lengthening and Deformity Correction in Baltimore, Dr. Bark is certified to diagnose and treat complex foot and ankle conditions for adults and children of any age.



**Samantha Bark, DPM**  
955 Hosford Rd, Galion  
**419-468-7059**  
Board certified in Foot and Reconstructive Rearfoot and Ankle Surgery

## OUR BOARD-CERTIFIED ORTHOPEDIC SURGEONS

**Dr. Scott Foster** performs the majority of his joint replacement and revision surgeries at Avita Ontario Hospital. His practice is also conveniently located inside the facility.

**Dr. Gregory Carozza** is the newest orthopedic surgeon at Avita. His office is in Bucyrus, next to the hospital, and he also holds a clinic in Marion. He performs general orthopedic surgery, including joint replacement and trauma cases, at Bucyrus Hospital.

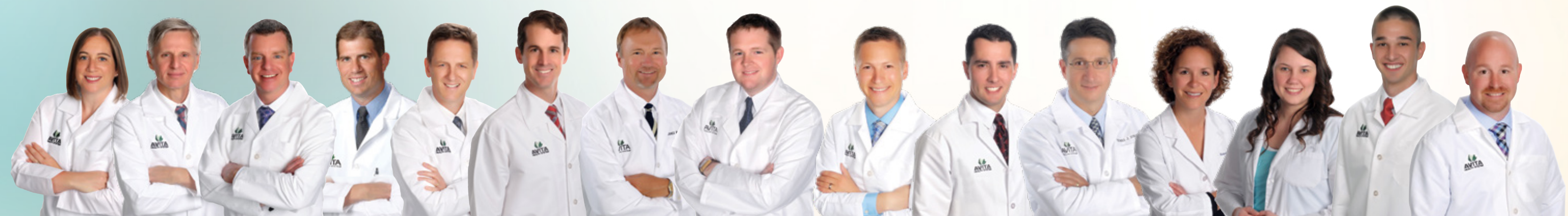
**Dr. Robert Dawson** provides orthopedic surgery at both Ontario and Galion Hospitals. He specializes in orthopedic surgery of the hands and upper extremities. He sees patients at the Galion Orthopedic Center and also holds a clinic at Avita Ontario.

**Dr. James Kerbs** provides general orthopedic surgery, including joint replacements, at Galion Hospital. Dr. Kerbs has been practicing in the community for over 25 years. His office is located at the Galion Orthopedic Center.

**Dr. Kyle Randall** provides general orthopedic surgery, including joint replacements, at Ontario and Bucyrus Hospitals. Dr. Randall has offices conveniently located in Ontario and Bucyrus.

AVITA IS PROUD TO SERVE THE COMMUNITY WITH

THE LARGEST ORTHOPEDIC GROUP IN THE REGION!



- |   |   |   |   |  |   |  |  |  |  |   |   |  |   |   |
|---|---|---|---|--|---|--|--|--|--|---|---|--|---|---|
| <b>Samantha Bark, DPM</b><br>Foot and Ankle Surgery<br>Galion<br>419-468-7059 | <b>Christopher Cannell, MD</b><br>Physical Medicine & Rehab<br>Galion<br>419-468-7059 | <b>Gregory Carozza, DO</b><br>Orthopedic Surgery<br>Bucyrus, Marion<br>419-562-5281 | <b>Robert Dawson, MD</b><br>Orthopedic Surgery<br>Galion, Ontario<br>419-468-7059 | <b>David Fitch, DO, MS</b><br>Physical Medicine & Rehab<br>Avita Spine<br>Bucyrus, Galion, Ontario<br>419-562-5281 | <b>Scott Foster, MD</b><br>Joint Replacement Surgery<br>Ontario, Marion<br>419-709-8650 | <b>James Kerbs, MD</b><br>Orthopedic Surgery<br>Galion<br>419-468-7059 | <b>Kyle Randall, MD</b><br>Orthopedic Surgery & Sports<br>Medicine<br>Ontario, Bucyrus<br>419-709-8645 | <b>Jeremy Riehm, DO</b><br>Orthopedics & Sports Medicine<br>Ontario, Bucyrus<br>567-307-7595 | <b>Ryan Wagner, MD</b><br>Orthopedics & Sports Medicine<br>Bucyrus, Marion<br>419-562-5281 | <b>Thomas Zuesi, DO</b><br>Orthopedics & Sports Medicine<br>Galion, Ontario<br>419-468-7059 | <b>Anna Cook, PA-C</b><br>Joint Replacement &<br>Orthopedics<br>Ontario<br>419-709-8650 | <b>Laurie Cullen, PA</b><br>Orthopedics<br>Galion, Ontario<br>419-468-7059 | <b>Jordyn Hatcher, CNP</b><br>Orthopedics & Sports Medicine<br>Ontario, Bucyrus<br>419-709-8645 | <b>Chad Miley, CNP</b><br>Joint Replacement &<br>Orthopedics<br>Ontario, Marion<br>419-709-8650 |
|---|---|---|---|--|---|--|--|--|--|---|---|--|---|---|

# WALK-IN CLINIC VS EMERGENCY DEPARTMENT

If you need care that cannot wait for an appointment with your primary care provider, then a walk-in clinic or emergency room are your two best options. Walk-In clinics are designed to handle common medical conditions that are not life-threatening, while emergency rooms stabilize and treat all patient conditions, particularly those that may be severe or life-threatening. The chart below is a great reference to gauge which facility is best for you and your symptoms.

## Walk-In Clinic / Urgent Care

A Walk-In Clinic provides treatment for non life-threatening injuries or illnesses that need addressed promptly.

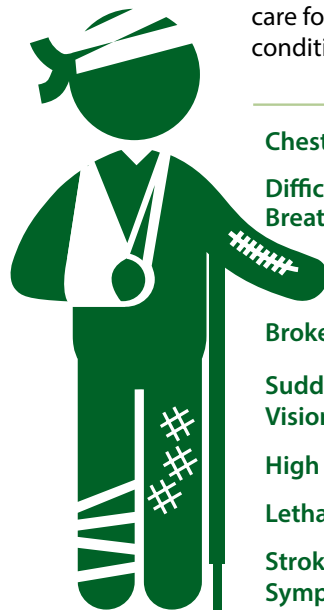
- Cold and Flu
- Bronchitis
- Sinus Infections
- Eye Irritations
- Lacerations
- Sore Throat/ Strep
- Urinary Tract Infection
- Insect Bites
- Allergies
- Sprains/Strains
- Ear Infections
- Ringworm
- Minor Injuries



## Emergency Department

Emergency Departments provide care for severe or life-threatening conditions 24 hours a day.

- Chest Pain
- Difficulty Breathing
- Broken Bones
- Sudden Loss of Vision
- High Fever
- Lethargy
- Stroke Symptoms
- Severe Bleeding
- Severe Abdominal Pain
- Severe Headache
- Poisoning
- Overdose
- Loss of Consciousness



**AVITA WALK-IN CLINIC**  
 Open 7 days a week, 10:00a - 9:00p  
 2007 W Fourth Street, Ontario  
 (1 mile east of Ontario Hospital)  
 567-307-7920



**BUCYRUS HOSPITAL**  
 Open 7 days a week, 24 Hours a day  
 629 N Sandusky Ave, Bucyrus  
 419-562-4677

**GALION HOSPITAL**  
 Open 7 days a week, 24 Hours a day  
 269 Portland Way S, Galion  
 419-468-4841

**ONTARIO HOSPITAL**  
 Open 7 days a week, 24 Hours a day  
 715 Richland Mall, Ontario  
 567-307-7666

### WALK-IN CLINIC

*Expert Care for a Fraction of the Cost*

On average, the cost of a Walk-In Clinic visit is less expensive than that of an Emergency Department visit. It can be less costly and usually requires a lower co-payment, depending on your insurance. Please note that while Walk-In Clinics provide expert care for minor injuries and illnesses at a lower cost, there is no substitute for an Emergency Department when conditions are serious or life-threatening.

## Supporting our community



On August 12, 2017, Avita was a proud sponsor of the **Richland County Junior Fair Livestock Auction**. We made the winning bid on three different hogs, including the Reserve Grand Champion. That's right, we went "hog wild!" **Dr. Jeremy Riehm, Dr. Kyle Randall** and our **VP of Corporate Relations, Kim Winkle**, attended the livestock auction and made the winning bids.

After the livestock auction, Avita participated at Galion's Third Friday and provided free pulled pork sandwiches to the community. Avita also hosted a free hog roast at Ontario Hospital.



Avita Galion Hospital opens its doors to area elementary children for our **Tiny Tigers Tours**. Hospital staff, along with our Auxiliary, conduct a day of tours and fun activities to show children that "hospitals aren't scary." Pictured here is **Dr. Howard Eckstein**, Pediatrician, coloring with a child on May 7, 2017.



It's a day of giving back and helping our community! Avita employees were out in the community and working hard during the **United Way of Richland County's Annual Day of Caring!** On August 4, 2017, the Avita team painted rooms and sorted laundry and food for Harmony House Homeless Services in downtown Mansfield.



On September 1, 2017, **Dr. Anthony Midkiff** and our Avita team showed support for **Sean Weaver, PA-C**, as he competed to stay awake during the **Great Sleep Out Against Domestic Violence**. Funds raised supported the Richland County Domestic Violence Shelter. Sean was able to stay awake on the mattress for 28 hours! Congratulations to Sean and the Avita team for raising a whopping \$8,050 in donations for the Richland County Domestic Violence Shelter.



Throughout each year, Avita offers educational seminars to benefit the community. Cardiology, bariatric surgery, and cosmetic surgery are among the events recently hosted. At the Renaissance Theatre on June 1, 2017, **Dr. Teresa Ghazoul** and **Dr. Walter Bodjanac** provided education on both medical and cosmetic procedures available to patients at Avita Health System.

## Giving Back

Each year, Avita dedicates countless hours giving back to the community in terms of education, events, free screenings, support groups, and more. On this page, you will find a few of the most recent initiatives that we have accomplished in our effort to continue to support our community.

Avita gives back to the community in a variety of ways, including:

- Reduced Cost Blood Screens
- Speaker's Bureau
- Health Fairs
- Support Groups and Classes
- Sports Physicals
- Speech and Hearing Screens
- Educational Seminars
- Community Partnerships

Through Avita's newly implemented Meds-to-Beds program, patients admitted to the hospital are able to receive their discharge prescriptions prior to leaving for home...and they are delivered right to the patient's bed. Avita began the Meds-to-Beds program at Ontario Hospital, which will be coming soon to Galion and Bucyrus Hospitals, as well. According to our patients, the Meds-to-Beds program makes life easier because they want to go straight home after leaving the hospital.

# Meds-to-Beds

## It's about Patient Convenience

Pharmacy bedside service at Ontario Hospital makes going home easier

### Meds-to-Beds program benefits:

1. Patients know the cost of medications before leaving the hospital. If there are any concerns, our pharmacist will work with the provider to see if alternative medications are available.
2. Patients better understand medications before leaving the hospital.
3. Patients have the opportunity to speak with a pharmacist about any medications before leaving the hospital.
4. Convenience: Patients do not have to leave the hospital and stop by a pharmacy to order and pick up prescriptions.

Avita Ontario Pharmacy | 567-307-7570



# Volunteers Needed

Are you interested in becoming a volunteer? Volunteerism is one of the highest forms of service. Giving back to the community enriches the lives of so many people....including you.

*Our volunteers make a remarkable difference in the lives of others*

Interested individuals may pick up an application at the front lobby desk at Bucyrus, Galion, or Ontario Hospital or online at [www.avitahealth.org](http://www.avitahealth.org). We welcome more friendly people and great smiles to our organization! If you are interested in learning more about volunteer opportunities at Avita, contact one of our Volunteer Coordinators:

Lori Brubach	Tina Martin
Ontario or Galion Hospital	Bucyrus Hospital
419-468-0727	419-562-4677, x33189

### WHAT DO OUR VOLUNTEERS DO?

- Provide accurate and adequate information
- Greet and escort patients and visitors
- Exhibit exceptional customer service
- Provide wheelchair assistance when necessary
- Sort and distribute mail
- Various clerical work, such as stuffing envelopes
- Operate cash registers

Volunteer hours are scheduled on an individual basis. Volunteers are on-site 8:00 am to 6:00 pm. Shifts range 3-4 hours each.

# A MISSION BY THE SAND

It was early 2017 when Dr. Terry Walker, an Avita optometrist, boarded a C-130 military aircraft for his first deployment to Chad, Africa. By the time he stepped off the aircraft 20 flight hours later, Dr. Walker, also Lieutenant Colonel Walker in the USAF Ohio National Guard, was well underway on a humanitarian and military training mission... to teach, provide, and aid the people of north-central Africa.

It was 105 degrees when Lt. Col (LTC) Walker arrived in Chad and there wasn't a single cloud in the sky. With nothing but a mosquito net, few days of clothing, a medical kit, and baby wipes to substitute for bathing, LTC Walker was off to his first remote village. His small team didn't travel by road; there were no roads. In a 4WD Land Rover, they barreled over the sand for 16 hours to their first village.

As part of "Operation Flintlock", the U.S. government planned and participated in a mission to assist the underdeveloped country of Chad. U.S. and Chadian soldiers, aided by interpreters, partnered to provide medical, dental, and eye care to residents of these remote villages. This partnership also included the mass-immunization of local livestock herds, including camels, cattle, and sheep. With 85% of the Chadian population dependent on livestock for basic food and economic survival, the safeguarding of this resource was of great importance.

After traveling to ten different villages, LTC Walker was able to treat 1,000 African adults and children and immunize nearly 5,800 livestock. "I get a sense of fulfillment in what I do every day as an eye doctor in the United States. There is a much-deeper fulfillment, however, when I can directly help people who have absolutely no ability to get the eye care that they need."

The regions traveled by LTC Walker and his team have no access to medical care, eye care, or glasses. Prescription glasses are not available

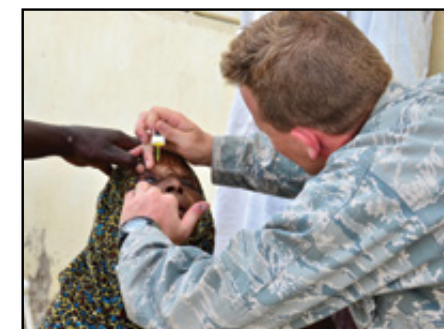
because the testing equipment and supplies are not there. "The residents are left to live with eye infection and eventual permanent vision loss, the blur of untreatable cataracts, and even the blur of simple nearsighted or farsightedness," comments LTC Walker. "It's all they know. They accept this because they have no choice." Residents in this region of the world develop cataracts at an earlier age, as more UV-radiation (from the intense sun) reaches the earth's surface at latitudes close to the equator. Eye infections and embedded foreign bodies in the eyes are also more prevalent. "There is little access to water and the supply that is available is not sanitized at all," states LTC Walker.

LTC Walker's days were filled with long lines of village residents waiting for the access to care. "As I provided the care, I also taught village caregivers how to protect and treat the eyes of their neighbors. They were very welcoming and immensely thankful for our involvement."

Although LTC Walker's time in Chad was a short four weeks, the impact that his team made was nothing short of life-changing. "It's rewarding to serve in the best way that I know how. I truly enjoy my military service. On this mission, I expected to witness poverty, of course. But unless you see it and are immersed in it yourself, you'll never completely grasp the conditions of life in other countries. Yet it was amazing to me, despite the unfortunate circumstances that the people are faced with, that they are fairly happy. Especially the children... they always had the biggest smiles."



LTC Walker teaches a Chadian doctor to provide eye care for a child in a remote African village.



A woman receives eye drops to treat infection.



Village residents gather at the beginning of a treatment day.

# AVITA MEDICAL PROVIDERS BY LOCATION

\*Asterisk denotes non-employed providers

## ONTARIO

### AUDIOLOGY

Lynnette Roth, MA ..... 419-775-1091  
Ann Cola-Schuh, Aud ..... 419-775-1091

### BARIATRIC SURGERY

Linden Karas, MD ..... 567-307-7854

### CARDIOLOGY

William Polinski, DO ..... 419-462-4600  
Errol Williams, MD ..... 419-462-4600

### CLINICAL PSYCHOLOGY

Aaron Becker, PsyD ..... 419-522-0948

### ENDOVASCULAR

\*Barry Zadeh, MD ..... 419-462-4541

### FAMILY MEDICINE

Edward Adkins, MD ..... 419-529-6195  
Julie Beard, MD ..... 419-683-3200  
Melissa Becker, MD ..... 419-522-0948  
Adam Bihl, MD ..... 567-307-7835  
Harold Brown, DO ..... 567-307-7860  
G. David Long, MD ..... 419-529-6195  
Robert Secor, MD ..... 419-709-8640  
Amber Campbell, CNP ..... 419-529-6195  
Lannette Clemons, PA-C ..... 419-775-1091  
Charlie Davis, PA-C ..... 419-709-8640  
Patty Fleming, CNP ..... 419-529-6195  
Natalie Roby, CNP ..... 419-522-0948

### GASTROENTEROLOGY

P. K. Raman, MD ..... 419-526-4266

### GENERAL SURGERY

Joseph Centa, MD ..... 419-468-7785  
Linden Karas, MD ..... 567-307-7854  
David Zaghlool, DO ..... 419-468-7785

### INTERNAL MEDICINE

Eric Haus, DO ..... 419-462-4561  
John Nirmalnath, MD ..... 419-462-4561  
Anil Paul, MD ..... 419-522-3751

### JOINT REPLACEMENT

Scott Foster, MD ..... 419-709-8650  
Kyle Randall, MD ..... 419-709-8645  
Jordyn Hatcher, CNP ..... 419-709-8645  
Anna Cook, PA-C ..... 419-709-8650  
Chad Miley, CNP ..... 419-709-8650

### NEPHROLOGY

Nhan Luu, MD ..... 419-462-4575

### NEUROLOGY

R. Theodore Woodruff, MD ..... 419-462-4630

### NEUROSURGERY

\*Joel Siegal, MD ..... 419-775-7440

### OB/GYN

Natalie Johnson, DO ..... 567-307-7663

### OCCUPATIONAL MEDICINE

Jeffrey Biro, DO ..... 419-709-8667

### ORTHOPEDICS

Robert Dawson, MD ..... 419-468-7059  
Scott Foster, MD ..... 419-709-8650  
Kyle Randall, MD ..... 419-709-8645  
Jeremy Riehm, DO ..... 567-307-7595  
Thomas Zuesi, DO ..... 419-468-7059  
Laurie Cullen, PA-C ..... 419-468-7059

### PAIN MANAGEMENT

\*Samantha Neuwirth, MD ..... 419-462-4547

### PEDIATRICS

Cheryl Clay, MD ..... 419-756-8511  
Charles H. Shaw, MD ..... 419-756-8511  
Susan Baker, CNP ..... 419-756-8511  
Lindsey Wolf, CNP ..... 419-756-8511

### PHYSICAL MEDICINE & REHAB

David Fitch, DO ..... 419-562-5281

### PLASTIC/RECONSTRUCTIVE SURGERY

Walter Bodjanac, DO ..... 419-756-9996  
Teresa Ghazoul, MD ..... 567-307-7642

### PULMONARY MEDICINE

James D. Heddleson, DO ..... 419-462-4588

### RHEUMATOLOGY

David Stainbrook, DO ..... 567-307-7605

### SPORTS MEDICINE

Robert Dawson, MD ..... 419-468-7059  
Kyle Randall, DO ..... 419-709-8645  
Jeremy Riehm, DO ..... 567-307-7595  
Thomas Zuesi, DO ..... 419-468-7059

### UROLOGY

\*Richard Klump, MD ..... 419-468-0732

### VASCULAR MEDICINE

\*Barry Zadeh, MD ..... 419-462-4541

### WOUND CARE

Walter Bodjanac, DO ..... 419-563-9899  
\*Barry Zadeh, MD ..... 419-563-9899

## GALION

### AUDIOLOGY

Lynnette Roth, MA ..... 419-468-0547  
Ann Cola-Schuh, Aud ..... 419-468-0547

### CARDIOLOGY

Errol Williams, MD ..... 419-462-4600  
Ali Saab, DO ..... 419-462-4600  
\*Virenkumar Patel, MD ..... 419-462-4600  
Chasity Moton, CNP ..... 419-462-4600

### ENDOCRINOLOGY

Todd Darmody, MD ..... 419-462-4656

### ENDOVASCULAR

\*Barry Zadeh, MD ..... 419-462-4541

### FOOT & ANKLE SURGERY

Samantha Bark, DPM ..... 419-468-7059

### FAMILY MEDICINE

Christopher Halasy, MD ..... 419-462-4560  
Mark Wood, DO ..... 419-468-4220  
Ernie Clifton, CNP ..... 419-468-4220  
Jennifer Minton, CNP ..... 419-468-4220  
Rob Wisner, PA-C ..... 419-462-4560

### GENERAL SURGERY

Joseph Centa, MD ..... 419-468-7785  
P. Stephen Novack, DO ..... 419-468-7785  
Daryl Sander, MD ..... 419-468-7785  
David Zaghlool, DO ..... 419-468-7785

### INFECTIOUS DISEASE

\*Uchenna Ezike, MD ..... 419-468-0965

### INTERNAL MEDICINE

James Goudy, MD ..... 419-468-8323  
Mihai-Liviu Ursachi, MD ..... 419-462-4560  
Barbara Wickham, CNP ..... 419-468-8323

### JOINT REPLACEMENT

James Kerbs, MD ..... 419-468-7059

### NEPHROLOGY

Nhan Luu, MD ..... 419-462-4575

### NEUROLOGY

R. Theodore Woodruff, MD ..... 419-462-4630

### OB/GYN

Eric Hoff, DO ..... 419-462-4550  
Tyler Huggins, MD ..... 419-468-0111  
Ami Hay, CNP ..... 419-468-0111  
Sherri Gillam, CNP ..... 419-468-0111

### ONCOLOGY

Ahmed Ghany ..... 419-468-0871

### ORTHOPEDICS

Robert Dawson, MD ..... 419-468-7059  
James Kerbs, MD ..... 419-468-7059  
Thomas Zuesi, DO ..... 419-468-7059  
Laurie Cullen, PA-C ..... 419-468-7059

### PAIN MANAGEMENT

\*Samantha Neuwirth, MD ..... 419-462-4547

### PEDIATRICS

Marcia Brown, MD ..... 419-468-7613  
Howard Eckstein, MD ..... 419-462-4540

### PHYSICAL MEDICINE & REHAB

Christopher Cannell, MD ..... 419-468-7059  
David Fitch, DO ..... 419-562-5281

### PULMONARY MEDICINE

James D. Heddleson, DO ..... 419-462-4588  
Joseph Paprota, MD ..... 419-468-0400  
Mesfin Seifu, MD ..... 419-462-3340

### RHEUMATOLOGY

David Stainbrook, DO ..... 567-307-7605

### SLEEP MEDICINE

Mesfin Seifu, MD ..... 419-462-3340

### SPORTS MEDICINE

Robert Dawson, MD ..... 419-468-7059  
James Kerbs, MD ..... 419-468-7059  
Thomas Zuesi, DO ..... 419-468-7059

### UROLOGY

\*Roy Brown, MD ..... 419-468-0732  
\*Fadel Elkhairi, MD ..... 419-468-0732  
\*Jason Jankowski, MD ..... 419-468-0732  
\*Richard Klump, MD ..... 419-468-0732  
\*Eric Ward, MD ..... 419-468-0732

### VASCULAR MEDICINE

Barry Zadeh, MD ..... 419-462-4541

### WOUND CARE

Walter Bodjanac, DO ..... 419-563-9899  
Ami Hay, CNP ..... 419-563-9899  
\*Barry Zadeh, MD ..... 419-563-9899

## BUCYRUS

### CARDIOLOGY

Ali Saab, DO ..... 419-462-4600  
Errol Williams, MD ..... 419-462-4600

### ENDOVASCULAR

\*Barry Zadeh, MD ..... 419-462-4541

### GERIATRICS / HOSPICE / PALLIATIVE CARE

Rebecca L. Strickland, MD ..... 419-563-0300

### FAMILY MEDICINE

Amanda Kovolyan, MD ..... 419-563-9855  
Brandi Blanton, CNP ..... 419-563-0300  
Melodie Fagan, CNP ..... 419-563-9855  
Virginia Hall, CNP ..... 419-563-9329

### INTERNAL MEDICINE

R. Todd Strickland, MD ..... 419-563-0300  
Nyan Win, MD ..... 419-563-9329

### JOINT REPLACEMENT

Gregory Carozza, DO ..... 419-562-5281  
Kyle Randall, MD ..... 419-709-8645

### NEPHROLOGY

Nhan Luu, MD ..... 419-462-4575

### OCCUPATIONAL MEDICINE

Brooke Dicus, CNP ..... 419-563-9847

### ONCOLOGY

Ahmed Ghany ..... 419-563-9319

### OPHTHALMOLOGY

\*Andrew Hendershot, MD ..... 419-462-4537  
\*Matthew Ohr, MD ..... 419-462-4537  
\*Amit Tandon, MD ..... 419-462-4537

### ORTHOPEDICS

Gregory Carozza, DO ..... 419-562-5281  
Kyle Randall, MD ..... 419-709-8645  
Jeremy Riehm, DO ..... 567-307-7595  
Ryan Wagner, MD ..... 419-562-5281  
Jordyn Hatcher, CNP ..... 419-709-8645

### PAIN MANAGEMENT

\*Samantha Neuwirth, MD ..... 419-462-4547

### PEDIATRICS

Ryan Hohman, MD ..... 419-563-9865

### PHYSICAL MEDICINE & REHAB

David Fitch, DO ..... 419-562-5281

### PULMONARY MEDICINE

James D. Heddleson, DO ..... 419-462-4588  
Joseph Paprota, MD ..... 419-468-0400

### RHEUMATOLOGY

David Stainbrook, DO ..... 567-307-7605

### SPORTS MEDICINE

Gregory Carozza, DO ..... 419-562-5281  
Kyle Randall, DO ..... 419-709-8645  
Jeremy Riehm, DO ..... 567-307-7595  
Ryan Wagner, MD ..... 419-562-5281

### UROLOGY

\*Scott Barkin, DO ..... 419-468-0732

### WOUND CARE

Walter Bodjanac, DO ..... 419-563-9899  
Heather Auck, CNP ..... 419-563-9899

## CRESTLINE

### FAMILY MEDICINE

Sarah Metzger, MD ..... 419-468-0796  
Wendy Kerr, CNP ..... 419-462-4505  
Jenna Miller, CNP ..... 419-468-0449

### INTERNAL MEDICINE

Andrew Lee, MD ..... 419-468-0449

### OPTOMETRY

Terry Walker, OD ..... 419-462-4556

### PEDIATRICS

Andrew Lee, MD ..... 419-468-0449

## NEW WASHINGTON

### FAMILY MEDICINE

Fereshte Khavari, MD ..... 419-492-2200  
Trish Trubachik, CNP ..... 419-492-2200

## MARION

### JOINT REPLACEMENT

Scott Foster, MD ..... 419-709-8650  
Gregory Carozza, DO ..... 419-562-5281

### ORTHOPEDICS

Gregory Carozza, DO ..... 419-562-5281  
Scott Foster, MD ..... 419-709-8650  
Ryan Wagner, MD ..... 419-562-5281

### PULMONARY/SLEEP MEDICINE

Mesfin Seifu, MD ..... 419-462-3340

### SPORTS MEDICINE

Gregory Carozza, DO ..... 419-562-5281  
Ryan Wagner, MD ..... 419-562-5281





269 Portland Way S, Galion, OH 44833

BUCYRUS HOSPITAL  
GALION HOSPITAL  
ONTARIO HOSPITAL



# AVITA AUDIOLOGY Introduces Oticon™ Opn

The Oticon™ Opn is a remarkable instrument that uses state-of-the-art technology that offers you more advantages than your current hearing aid(s). Although individual cases vary, most people who use this new hearing aid have 30% better speech understanding (compared to Alta2Pro) and a reduction in listening effort by 20%....that is 20% more of a conversation you'll hear!\*

The microchip inside the Oticon™ Opn processes sound exceptionally fast and

helps your brain make sense of the sounds you hear so you don't have to work as hard. Another benefit that this new hearing aid provides is that it adjusts and balances all the sounds around you, not just the sounds in front of you. Oticon™ Opn separates speech from noise, letting you focus from one speaker to another, even in complex listening environments.

*If you are interested in learning more about our audiology services, please call Avita Audiology at:*

**Ontario and Bucyrus: 419-775-1091, x3**  
**Galion: 419-468-0547**



# \$500

**oticon**  
PEOPLE FIRST

off your next pair of Oticon™ Opn hearing aids, or,  
**\$250** off a single Oticon™ Opn hearing aid

*Coupon only accepted at an Avita Audiology location.*

Coupon valid through February 28, 2018 | Limit one coupon per customer

*\*Individual benefits may vary depending on prescription*

*\*Information taken from oticon.com*



FOLLOW US ON FACEBOOK AND TWITTER TO STAY CONNECTED

