

WINTER 2013

# AVITA *Today*



**Avita's Sports Medicine Team  
Help Area Athletes:**

# IT'S GAME TIME!

**MORE  
INSIDE!**

Foot Pain?  
Dr. Samantha  
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Able To Help  
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Meet Your Avita

# Orthopedic and Sports Medicine Team

Avita's team of Orthopedic and Sports Medicine providers are located in both Galion and Bucyrus. Our team of providers consist of Orthopedic Surgery, Podiatry, Sports Medicine, and Physical Medicine and Rehabilitation. Our providers are specially-trained in certain areas of the body and have extensive training in treating conditions of the muscles, tendons, joints, and bones. The following conditions are commonly diagnosed and treated by our medical team:

- ARTHRITIS
- ACL RECONSTRUCTION
- ARTHROSCOPIC SURGERY
- ATHLETE'S FOOT
- BONE SPURS
- BONE FRACTURES
- BUNIONS
- BURSITIS
- CARPAL TUNNEL
- DISLOCATIONS
- EPICONDYLITIS
- FLAT FEET
- FROZEN SHOULDER
- GANGLION CYSTS
- GOUT
- HAND SURGERY
- HEEL SPURS
- HIP REPLACEMENT
- JOINT PAIN/SWELLING
- JUMPER'S KNEE
- KNEE REPLACEMENT
- LIGAMENT INJURY
- MENISCUS TEARS
- MUSCLE STRAIN
- OSTEOARTHRITIS
- ROTATOR CUFF REPAIR
- RUNNER'S KNEE
- SHIN SPLINTS
- SHOULDER REPLACEMENT
- SPORTS MEDICINE
- STRESS FRACTURES
- TENDONITIS
- TENDON REPAIR
- TENNIS ELBOW
- TRIGGER FINGERS



**Dr. Samantha Bark,**  
Foot and Ankle  
Surgeon  
419-468-7059



**Dr. Christopher Cannell,**  
Physical Medicine  
and Rehab  
419-468-7059



**Dr. Robert Dawson,**  
Orthopedic Surgeon  
419-468-7059



**Dr. J. Jay Guth,**  
Orthopedic Surgeon  
419-562-5281



**Dr. Lawrence Pabst,**  
Orthopedic Surgeon  
419-468-7059



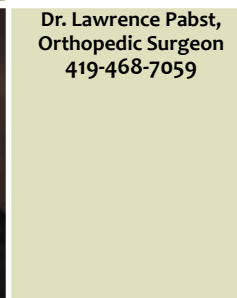
**Dr. James Kerbs,**  
Orthopedic Surgeon  
419-468-7059



**Dr. Thomas Zuesi,**  
Sports Medicine  
419-468-7059



**Dr. Ryan Wagner,**  
Sports Medicine  
419-562-5281



**Laurie Cullen, PA-C,**  
General Orthopedics  
419-468-7059

## On The Cover

Avita's Sports Medicine physicians, Dr. Ryan Wagner and Dr. Thomas Zuesi, stand together with high school basketball players from across the region. By providing quality injury care, Zuesi and Wagner help get players back in the game. Pictured from left to right are: Ridge Durbin of Galion, Dr. Thomas Zuesi, Cade Kaple of Buckeye Central, Nate Coffman of Crestline, Dr. Ryan Wagner, and Bradley Dretzka of Ontario.

# Dealing With FOOT PAIN

Dr. Samantha Bark, Foot and Ankle Surgeon, is located at Avita's Orthopedic Center in Galion at 955 Hosford Road. To schedule an appointment for foot pain, call 419-468-7059.



For a lot of people, foot pain is a nagging problem and interrupts daily events. Foot pain can start immediately in the morning, begin towards the end of the day, or remain sore throughout the entire day. Although some foot conditions are minor and treatable, other causes of foot pain can be more serious and a result of injury or chronic conditions. If not treated, certain causes of foot pain can lead to long-term damage or disability.

It's important to know when to see a foot and ankle surgeon for foot pain. Always call and schedule an appointment if you have:

- Swelling that doesn't go down after 3 or 4 days
- Signs of infection such as warmth, tenderness, or a fever of over 100°F
- Ankle swelling, stiffness, and pain that are worse in the morning or after activity
- Burning, tingling, or numbness in your feet
- Constant, annoying pain in a certain part of your foot



Samantha Bark, DPM  
Avita's Foot and Ankle Surgeon

Sometimes foot pain is caused by poorly fitting shoes or overuse, however, other structural defects or medical conditions may also be the cause of foot pain. Common causes of foot pain that may require medical attention and treatment include:

- |                         |                        |
|-------------------------|------------------------|
| Achilles Tendonitis     | Hammertoe/Mallet Toe   |
| Achilles Tendon Rupture | Ingrown Toenails       |
| Avulsion Fracture       | Metatarsalgia          |
| Bone Spurs              | Morton's Neuroma       |
| Broken Bone             | Osteoarthritis         |
| Bunions                 | Plantar Fasciitis      |
| Bursitis                | Plantar Warts          |
| Corns/Calluses          | Rheumatoid Arthritis   |
| Diabetic Neuropathy     | Stress Fractures       |
| Flatfeet                | Tarsal Tunnel Syndrome |
| Gout                    |                        |



## DID YOU KNOW?

Physical Therapy is also used to prevent injuries by teaching children how to move properly.

**419-468-0547**  
*Self-referrals are accepted*

# Pediatric PHYSICAL THERAPY AT AVITA

Galion Community Hospital's pediatric physical therapy program is geared for newborns and youths up to 22 years of age. GCH's Pediatric Physical Therapy team provides treatment and education to children who have problems with motor

skills caused by a developmental delay, birth defect, chronic illness or injury.

Our therapists intervene by evaluating and consulting children and parents on gross motor development, muscle tone and strength, posture control, pre-gait/gait training, neuromuscular

function, endurance, body alignment, and environmental adaptations. By working alongside other medical professionals involved in a child's health care, the chance of improved mobility is heightened.

Children benefit from GCH's child-friendly atmosphere. GCH recognizes the importance of developing the strength and range of motion children need to move through their environment easily.

### *Pediatric Physical Therapists at Galion Community Hospital benefit children with:*

- *Delayed milestones (sitting, standing, crawling, walking)*
- *Cerebral Palsy*
- *Down Syndrome*
- *Neurofibromatosis*
- *Muscle, Bone, or Neurological Disorders*
- *Brain Injuries*
- *Torticollis*
- *Scoliosis*
- *Spina Bifida*



# GALION IMPROVES ER WAIT TIME BY IMPLEMENTING

# ER FASTTRACK



Galion Community Hospital has implemented a new ER program called FastTrack. By adding patient rooms and additional providers, Galion Community Hospital's ER is able to care for patients in a more timely and efficient manner.

Patients visiting the GCH emergency room with a non-critical condition or injury will be treated sooner because the new rooms and new providers are dedicated to these patients. It is common in a typical emergency department for seriously ill or injured patients to be taken care of first. To help avoid the inconvenience of waiting, specifically for patients whose medical condition isn't critical or life-threatening, GCH's FastTrack program will treat patients quicker by utilizing this dedicated ER space.

"We added five new beds and new providers solely responsible for patients who need less urgent care," stated Tammy Deel, Avita Health System ER Nurse Manager. "For example, sometimes parents are concerned that their child's condition is too significant to wait until the next day. Other times, individuals know that they can't wait because they need symptom relief or have a minor cut that needs stitched."

Avita's FastTrack at Galion Community Hospital is open from 10:00 a.m. to 10:00 p.m.

## SIX STEPS TO EXPEDITE YOUR EMERGENCY ROOM VISIT

- Bring a list of medications you are taking, including the dosage amount, and the reason you are taking it. This list should accompany you at all times.
- Bring someone with you, if possible. The outcome of an ER visit is unknown, so it is important to bring someone to drive you home. This person can also assist you and the ER team in relaying important information.
- Bring a copy of your living will and durable healthcare power of attorney, if you have one. If you can't bring it, always know where it is located and make sure your family understands your wishes.
- Be familiar with your health history and inform the ER team if you have been treated for your current condition before. Being familiar with your allergies and immunization record is also important.
- Be prepared to give a urine sample. For example, females of child-bearing years may need a urinalysis to rule out pregnancy so further testing can be done.
- Remain calm. It is difficult to do so under stress and pain, however, a calm environment enhances communication between you and the healthcare team.

# Dr. Kinney Helps Women Take Charge

Gynecologic care should begin for girls when they begin having menstrual problems or become sexually active. Young females need educated on contraception, STD counseling, as well as PAP smears for screening. HPV immunization should be discussed before the initiation of sexual activity, as strains of this virus have been linked to cervical cancer.

Child-bearing years are rewarding, yet can still present issues for women such as menstrual problems, family planning needs, and infertility. Prenatal care should begin in the first trimester to ensure the healthiest outcome for mom and baby.

Annual exams are still important for women after they've had kids. Discussions with a gynecologist about routine PAPs, mammograms, and even diet and exercise is important. Diet and exercise can significantly improve a woman's quality of life and energy levels. Menstrual problems, urinary incontinence (leaking), and hormone changes are common issues women face after child-bearing years.

Women have many health challenges during the menopausal and post-

menopausal periods of their life such as decreased sex-drive, poor sleep, hot flashes or night sweats, and decreased bone density. Urinary incontinence and osteoporosis can have a markedly negative impact on a woman's quality of life. Therapy is available that can improve quality of life in profoundly positive ways when it comes to osteoporosis. Women who suffer with urinary incontinence can get help with cystometrics testing. This is bladder testing that determines whether there is a medical or surgical solution for bladder leaking. Dr. Kinney has had great success in improving incontinence issues for his patients.

Wellness exams enable Dr. Kinney to focus on patient concerns as a woman navigates through changes during her lifetime. Gynecologic

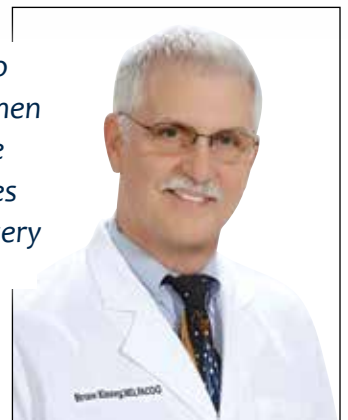
cancers are very preventable and treatable when exams, PAPs, and mammograms are done regularly. PAP smears detect a pre-cancerous condition, known as dysplasia, which is treatable in the office most times. Cervical cancer can be entirely eliminated by having annual PAP smears. Mammography picks up breast cancer years before it becomes palpable on a breast exam.

Pelvic ultrasound is a valuable tool in assessing the uterine lining, fibroids, and ovarian masses. For OB patients, Avita offers ultrasound technology that enables early detection of fetal abnormalities as well as 4-D ultrasound capability.

Let 2013 be the year you commit to getting your wellness exam. To schedule an appointment for your wellness exam or a prenatal appointment with Dr. Kinney, call 419-563-9875.

*My goal is to empower women to take care of themselves throughout every life stage.*

- Bruce Kinney,  
OB/GYN





# Avita can treat Barrett's esophagus.

If you have chronic acid reflux, you might want to read this.

Barrett's esophagus has no symptoms, other than the usual complaints from acid reflux or heartburn.

Esophageal cancer is presently the fastest growing form of cancer in the United States.

If left untreated, acid reflux can cause the development of precancerous cells. Sometimes, that results in a life-threatening esophageal cancer.

Avita Health System is the only health system in a 45 mile radius that provides HALO ablation.

**Acid reflux.**

**Heartburn.**

**GERD...**

Whatever you call it, it can be serious. If you have chronic acid reflux, you are at risk for developing a pre-cancerous condition called Barrett's esophagus.

Barrett's esophagus is a condition where the tissue in the lining of the esophagus is damaged from acid and inflammation. Avita Health System is now using a new procedure that removes Barrett's and destroys pre-cancerous tissue in the lining of the esophagus.

Avita's new "HALO ablation" procedure is a technique where tissue is heated until it is no longer viable or alive. The tissue with Barrett's esophagus is very thin and is a good candidate for removal with this type of treatment. Avita's HALO technology can completely remove diseased tissue

without damaging the normal underlying structures.

Barrett's can be diagnosed by an upper endoscopy procedure. To treat Barrett's, the HALO procedure is done during another endoscopy. The procedure is performed in an outpatient setting, without incisions, and takes less than 30 minutes on average.

For a person with Barrett's disease, the risk of developing esophageal cancer is similar to the risk of developing colon cancer for patients who have a colon polyp. A colon polyp is normally removed immediately upon diagnosis through a colonoscopy, and now with the HALO procedure, Barrett's can be removed faster as well.

If you suffer from chronic acid reflux or heartburn and are concerned about developing Barrett's esophagus, ask your physician if an endoscopy to screen for Barrett's may be a good option for you. Both Dr. James Goudy and Dr. Daryl Sander, in Galion, have been specially trained in HALO technology. With questions, do not hesitate to contact:

**Dr. James Goudy: 419- 468-8323**

**Dr. Daryl Sander: 419-468-7785**

Osteoporosis:  
A disease of  
the bones that  
leads to an  
increased risk  
of fracture.

AVITA BEGINS

# *Osteoporosis Clinic*

Avita Health System has started an Osteoporosis Clinic as part of the new “Avita Cares for Women” program. The Osteoporosis Clinic is held at Avita’s Orthopedic Center at 955 Hosford Road in Galion. Patients are seen by Laurie Cullen, PA-C, who evaluates and treats patients suspected to have osteoporosis.

Patients who may benefit from the Osteoporosis Clinic include:

- Patients with fragility fractures
- Post-menopausal women
- Breast cancer patients
- Men with osteoporosis
- Any patient a physician feels may benefit

Patients who are seen in the Clinic will undergo a thorough history and physical and appropriate lab work may be drawn. A DEXA Scan (bone density test) may also be performed. Treatment plans include medication, lifestyle modifications, exercise, and patient education materials.

## ABOUT OSTEOPOROSIS

Osteoporosis has no symptoms. A fracture may be the first sign that you have the disease. Bone loss usually starts slowly around age 30 and increases with age. For men, bone loss tends to occur gradually over time, while women experience a period of heightened bone loss around menopause that then slows down again after a few years. Thin people with small bones are at the highest risk of developing osteoporosis. Smoking, excess alcohol consumption, an inactive lifestyle, certain prescription medications, and a diet low in calcium and Vitamin D may also lead to osteoporosis.

## INTERESTING FACTS

Each year, there are approximately

two million fractures that are a direct result of osteoporosis. Osteoporosis fractures are more common than heart attacks, strokes, and breast cancer combined.

Approximately 300,000 men and women fracture a hip each year; one-fourth of those remain in the nursing home and one-half never regain baseline function. The remaining one-fourth die within the first year.

For more information or to schedule an appointment in the Osteoporosis Clinic, call 419-468-7059.



Laurie Cullen, PA-C



# AVITA WOUND CENTER HEALS RADIATION DAMAGE. (AS IF THE CANCER WASN'T ENOUGH)



Radiation, while effective in the treatment of cancerous tumor cells, is not selective in the tissue it targets. While effectively destroying cancer cells, radiation can also cause damage to healthy tissue. **This damage can occur anywhere between two weeks to twenty years after treatment.** More often than not, there are no symptoms of radiation injury for at least five years.

Symptoms of radiation injury are usually not visible like the typical chronic wound. Soft tissue radiation damage often begins in the tissue or bone and can be hard to detect. Depending on the location of previous radiation therapy, symptoms may include:

- Frequent urination
- Presence of blood in the urine
- Rectal bleeding
- Vaginal discharge and/or bleeding
- Difficulty swallowing
- Hoarseness
- Pain

Until recently, there has been no satisfactory treatment for radiation damage. Hyperbaric oxygen therapy fills this long-standing need. Radiation damage causes a lack of oxygen in the body's tissues. Hyperbaric oxygen therapy helps reverse this damage by increasing the amount of oxygen within the tissues, which aids in recovery. Like any therapy, hyperbaric is not a cure-all. The good news is approximately 60-80% of patients will experience improvement or complete resolution of soft tissue radiation damage.

Avita's hyperbaric oxygen chamber (HBO) is located in the Wound Healing Center at Bucyrus Community Hospital. Our physicians are specially trained in healing wounds and have surpassed the national average in success rates. If you have had radiation therapy and are concerned with possible radiation damage, call Avita's Wound Center. You do not need a physician's referral to schedule an appointment. With questions or to schedule an appointment, call **419-563-9899**.

**Radiation damage from cancer treatment can occur anywhere between two weeks to twenty years after treatment.**

# Dr. Ryan Wagner and Dr. Thomas Zuesi Care for Athletes in All Sports

This time of year, it's basketball players, wrestling, swimming, and other sports! But Dr. Wagner and Dr. Zuesi are available for all athletes, through every sports season. Through a systematic and comprehensive approach, Avita's sports medicine team helps winter sports athletes return to play after an injury or illness takes them out of the game. Post-game and post-practice injuries are common in winter sports and often it's the treatment and advice of a Sports Medicine physician needed to enhance healing of the injury. Located in both Bucyrus and Galion, Dr. Ryan Wagner and Dr. Thomas Zuesi are the frontline team when it comes to a sports injury.

The goal in sports medicine is to return an athlete to the game. Although surgery can be avoided with proper care and treatment of an injury, sometimes that route is inevitable. Working alongside Avita's sports medicine physicians is an entire lineup of orthopedic surgeons, seen on page 2.



Dr. Ryan Wagner works with the knee of Buckeye Central player, Cade Kaple.



Ontario's varsity basketball player, Bradley Dretzka, gets his ankle checked out by Dr. Thomas Zuesi.



Area athletes hang out with Avita's sports medicine physicians while Galion's Ridge Durbin shows them his skills.

**SAME DAY,  
NEXT DAY**  
Appointments available!

It's hard to wait weeks to see a medical provider when a sports injury is causing so much pain.....and a trip to the ER doesn't need to be the only option. To ask about same day, next day appointments, call 419-562-5281.

## Did You Know?

An athlete does not have to be injured to seek the help of a sports medicine physician. Dr. Wagner works with athletes on injury prevention and proper conditioning, which is especially important for athletes who struggle with mono, asthma, or diabetes.

**S**ports injuries are common this time of year, especially across high school athletes. The following chart details sports injuries common among winter sports. Sports injuries can occur either due to overuse or due to a sudden impact. If you or a loved one develops one of the following sports conditions, consult an Avita Sports Medicine physician to get back into action.



ROTATOR CUFF TENDONITIS  
 JAMMED FINGERS/FRACTURES  
 WRIST SPRAINS  
 JUMPER'S KNEE  
 KNEE SPRAIN  
 TORN MENISCUS  
 TORN ACL  
 ACHILLES TENDONITIS  
 ANKLE SPRAINS

HAMSTRING PULL or TEARS

*Did You Know?*  
 Jumper's knee is an inflammation or injury of the tendon joining the kneecap to the shin bone. Constant jumping, landing, and changing direction causes damage to the tendon which is a serious condition that, if left untreated, will require surgery.



OVERTRAINING SYNDROME  
 DEHYDRATION  
 RINGWORM  
 SHOULDER INJURIES  
 KNEE INJURIES  
 ELBOW DISLOCATION  
 WHIPLASH  
 CAULIFLOWER EAR  
 BRUISES or CONTUSIONS

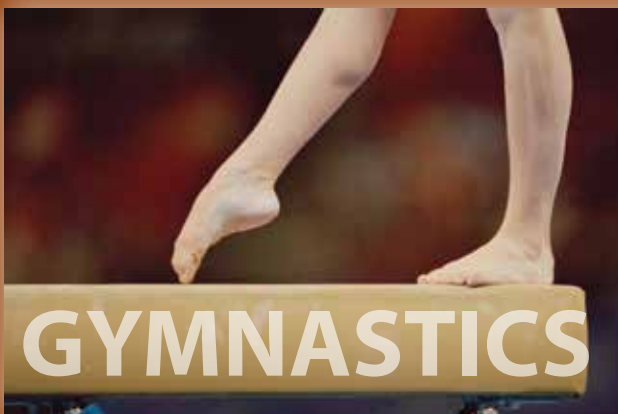
FINGER FRACTURES  
 CONCUSSION  
 ACHILLES or WRIST HAMSTRING PULL or TEAR

*Did You Know?*  
 Cauliflower ear must be treated within 7 days of injury. Not seeking immediate treatment may result in surgery and may affect an athlete's hearing.



SWIMMER'S SHOULDER  
 OVERUSE INJURIES  
 ASTHMA  
 FOLLICULITIS  
 SWIMMER'S EAR  
 OVERTRAINING SYNDROME  
 LOW BACK INJURIES

*Did You Know?*  
 Swimmer's Shoulder, or rotator cuff tendonitis, is a repetitive stress injury where tendons in the shoulder have been damaged. This form of tendonitis is so named because it most often affects swimmers.



WRIST FRACTURES  
 CARTILAGE DAMAGE  
 ACL TEARS  
 KNEE and LOW BACK PAIN  
 SPINAL FRACTURES  
 HERNIATED DISCS  
 ACHILLES TENDON TEARS  
 ANKLE SPRAINS  
 SHOULDER INSTABILITY

*Did You Know?*  
 Overuse injuries are the result of repetitive movement, often from kicking and turning to one side more than the other. This leads to muscle or flexibility imbalances, increasing the chance of injury.

# A Tradition of Giving



AVITA HEALTH FOUNDATION

For more than 100 years, the generosity of community citizens have contributed to the success of our hospitals in Bucyrus and Galion. From door-to-door crusades to charitable events, from employee giving campaigns to capital improvement projects, the community has always been there for our hospitals.

The tradition of generosity has never been more important to Avita Health System as we face some of the most challenging times in healthcare. As citizens and community supporters of Avita Health System, you can see how our healthcare system has grown in recent months. However, as a non-profit healthcare organization, we are often met with the most pressing medical needs and ways to prioritize what we can afford to add from one year to the next. The healthcare needs

of the community, coupled with charity care, an increase in uninsured and underinsured patients, and reductions in government support must be met with continuous private support..... just as in days gone by!

Avita must also rely on contributions through the Avita Health Foundation to flourish. As a separate 501 (c) 3 organization, the Foundation's mission is to provide financial support to Avita Health System. All donations provided to the Foundation benefit the many services and programs needed by our patients and are tax-deductible to the donor.

Often, your donation gives life to healthcare services that may have little or no other means of funding. So, consider continuing a heritage of giving that started so many years ago.



YES, I'D LIKE TO GIVE TO AVITA HEALTH FOUNDATION!

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

CHECKS SHOULD BE MADE PAYABLE TO AVITA HEALTH FOUNDATION.  
CUT OUT AND RETURN THIS FORM, ALONG WITH PAYMENT, TO:  
AVITA HEALTH FOUNDATION | 269 PORTLAND WAY S | GALION, OH 44833

Check Enclosed  Credit Card

Discover Mastercard Visa

Card Number: \_\_\_\_\_

Security Code \_\_\_\_\_

Expiration Date \_\_\_\_\_

Signature: \_\_\_\_\_

# A NEW YEAR... A new you



Dr. Walter Bodjanac

Dr. Walter Bodjanac, Avita Health System's Plastic and Reconstructive Surgeon in Ontario, is celebrating the New Year coupon-style! This is the time of year when women and men decide it might be the time for a few "fix-r-ups". You're not alone....we all need them!

## MICRODERMABRASION

Microdermabrasion is an anti-aging treatment that softens fine lines and wrinkles, helps smooth textured skin, decreases the appearance of scarring and pore size, and reduces age spots.

## CHEMICAL PEEL

A chemical peel is a treatment technique used to improve and smooth the texture of the facial skin, as well as even out pigment variations, using a chemical solution that causes dead skin to eventually peel off. A chemical peel controls acne, increases collagen, and rejuvenates the skin.

## BOTOX

Botox aids in wrinkle reduction and helps erase the effects of time. Botox is used to improve frown lines between the eyebrows and forehead, and other areas, with no surgery or down time.

## JUVEDERM

Juvederm is a facial filler that aids in wrinkle reduction and helps sustain a youthful appearance. A smooth gel fills wrinkles or smile lines around the face.

To take advantage of the coupons below, cut them out and present them at your appointment. To schedule an appointment, please call 419-756-9996.

## MICRODERMABRASION

**BUY ONE MICRODERMABRASION SESSION, GET ONE FREE**  
(\$100 value)



Limit one person per coupon.  
Expires March 29, 2013  
Walter Bodjanac, DO, FACOS

## CHEMICAL PEEL

**BUY ONE CHEMICAL PEEL, GET ONE FREE**  
(\$45 value)



Limit one person per coupon.  
Expires March 29, 2013  
Walter Bodjanac, DO, FACOS

## BOTOX

**\$25 OFF EACH BOTOX INJECTION**



Limit one person per coupon.  
Expires March 29, 2013  
Walter Bodjanac, DO, FACOS

## JUVEDERM

**\$50 OFF EACH JUVEDERM INJECTION**



Limit one person per coupon.  
Expires March 29, 2013  
Walter Bodjanac, DO, FACOS



## **BUCYRUS**

**FAMILY MEDICINE**  
Heather Auck, CNP  
419-563-9865

Madeline Anderson, CNP  
419-563-0300

**FOOT AND ANKLE SURGERY**  
Samantha Bark, DPM  
419-562-5281

**GERIATRICS, HOSPICE, &  
PALLIATIVE CARE**  
Rebecca Strickland, MD  
419-563-0300

**HOSPITALISTS**  
Olena Dutton, MD  
Thomas McEldowney, DO  
Steve Rittenour, CNP  
Lisa Sgambellone, CNP

**INTENSIVIST**  
James D. Heddleson, DO

**INTERNAL MEDICINE**  
R. Todd Strickland, MD  
419-563-0300

Nyan Win, MD  
419-563-9329

**NEPHROLOGY**  
Jodi Dome, DO  
419-563-9319

**OB/GYN**  
Bruce Kinney, MD, FACOG  
419-563-9875

**OCCUPATIONAL HEALTH**  
Janelle Baldosser, CNP  
419-563-9847

**ORTHOPEDICS**  
J. Jay Guth, MD  
419-562-5281  
Ryan Wagner, MD  
419-562-5281

**PATHOLOGY**  
Jack Moskowitz, DO  
Joon Park, MD

**PEDIATRICS**  
Ryan Hohman, MD  
419-563-9865

**PLASTIC & RECONSTRUCTIVE  
SURGERY**  
Walter Bodjanac, DO, FACOS  
419-756-9996

**PULMONARY MEDICINE**  
James D. Heddleson, DO  
419-563-9852

**SPORTS MEDICINE**  
J. Jay Guth, MD  
419-562-5281

Ryan Wagner, MD  
419-562-5281

## **CRESTLINE**

**FAMILY MEDICINE**  
Julie Beard, MD  
419-683-3200

Wendy Kerr, CNP  
419-462-4505

Erica Truka, CNP  
419-462-4558

**INTERNAL MEDICINE**  
Andrew Lee, MD  
419-468-0449

**OPTOMETRY**  
Terry Walker, OD, MS  
419-462-4556

**PEDIATRICS**  
Andrew Lee, MD  
419-468-0449

## **DELAWARE**

**PHYSICAL MEDICINE &  
REHAB**  
Christopher Cannell, MD  
740-368-5039

## **NEW WASHINGTON**

**FAMILY MEDICINE**  
Fereshte Khavari, MD  
419-492-2200

Trish Trubachik, CNP  
419-492-2200

## **ONTARIO**

**EAR, NOSE & THROAT**  
Eric Grimes, MD  
419-775-1091

Lannette Clemons, PA-C  
419-775-1091

**PLASTIC & RECONSTRUCTIVE  
SURGERY**  
Walter Bodjanac, DO, FACOS  
419-756-9996

# **AVITA EMPLOYED PROVIDERS**

## **GALION**

### **FAMILY MEDICINE**

John Hanna, MD, FAAFP  
419-468-5999

Larry Leone, DO  
419-468-4220

Mark Wood, DO  
419-468-4220

Frank Millard, PA-C  
419-468-4220

Jennifer Minton, CNP  
419-468-4220

Rob Wisner, PA-C  
419-462-4571

### **FOOT AND ANKLE SURGERY**

Samantha Bark, DPM  
419-468-7059

### **GENERAL SURGERY**

Eric Kuivinen, MD  
419-468-7785

P. Stephen Novack, DO  
419-468-7785 (non-surgical)

Daryl Sander, MD, FACS  
419-468-7785

### **HOSPITALISTS**

Anna Cook, PA-C  
Gohar Ghazarian, MD  
Thomas McEldowney, DO  
Steve Rittenour, CNP  
Lisa Sgambellone, CNP

### **INTENSIVIST**

James D. Heddleson, DO

### **INTERNAL MEDICINE**

James Goudy, II, MD  
419-468-8323

Eric Haus, DO  
419-462-4561

Elizabeth Klenk, MD  
419-462-4544

Mihai-Liviu Ursachi, MD  
419-468-0596

### **NEPHROLOGY**

Jodi Dome, DO  
419-462-4575

### **OB/GYN**

Eric Hoff, DO  
419-462-4550

### **OCCUPATIONAL HEALTH**

P. Stephen Novack, DO  
419-468-0630

### **ORTHOPEDECS**

Robert Dawson, MD  
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# Billing Advocates Now Available At Avita!

To help with the daunting and confusing task of paying and organizing bills, Avita has added Patient Billing Advocates to our line of community services.

This new service is free of charge and is designed to help patients understand and sort through the paperwork they receive from their healthcare providers and insurance companies. By developing relationships with local, state, and federal organizations, Avita's Patient Billing Advocates are able to supply information regarding financial assistance and other programs that are offered by these external agencies.

Individuals do not have to be patients of Avita Health System to seek help from Avita's Billing Advocates.

*Pictured below are Avita's Billing Advocates, from left: Beth Howlett (Galion, 419-468-0513), Jenny Click (Bucyrus, 419-563-9810) and Serenity Rupp (Crestline, 419-468-0519)*





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Avita Today is designed by Kelby King, Avita Health System's Marketing and Community Relations Manager. Questions about this publication should be directed to [kking@avitahealth.org](mailto:kking@avitahealth.org).



# Galion Community Hospital

# ER FASTTRACK

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