

# AVITA TODAY

SEPTEMBER 2021

Left to right:  
Heather Kremin, DO;  
Rob Harriz, MD



## *expanding* **PEDIATRIC CARE**

AVITA ADDS TWO PEDIATRICIANS **p8**

**TIPS FOR  
MAINTAINING  
GOOD HEART  
HEALTH**

EXPERT CARDIAC CARE  
WITH AVITA HEART **p10**



**AVITA**  
HEALTH SYSTEM

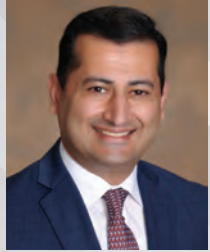
**SAME DAY  
DISCHARGE  
FOR JOINT  
REPLACEMENT**

OUTPATIENT TOTAL HIP  
AND KNEE SURGERY **p4**



# NEW PROVIDERS

Welcoming new providers to the Avita Team!



**Omar Ahmad, MD**  
Neurology  
269 Portland Way S, Galion  
715 Richland Mall, Ontario  
419-462-4630



**Nancy Crum, MD**  
Infectious Disease  
629 N Sandusky Ave, Bucyrus  
269 Portland Way S, Galion  
715 Richland Mall, Ontario  
419-468-0965



**Rob Harriz, MD**  
Pediatrics  
270 Portland Way S, Galion  
419-462-3863



**William Emlich, DO**  
Gastroenterology / Hepatology  
715 Richland Mall, Ontario  
419-526-4266



**Heather Kremin, DO**  
Pediatrics  
270 Portland Way S, Galion  
419-462-3862



**Daniel Iltchev, MD**  
Pulmonology / Sleep Medicine  
269 Portland Way S, Galion  
715 Richland Mall, Ontario  
419-462-4588



**Satyasagar Morisetty, MD**  
Pulmonology / Sleep Medicine  
269 Portland Way S, Galion  
715 Richland Mall, Ontario  
419-462-4588



PROVIDER  
REFERRAL LINE  
**(419) 468-0961**

## Pain Management That **Makes A DIFFERENCE**

Avita Pain Management uses a balanced approach to treat pain that focuses on restoring patients to their daily life activities. Our team provides personalized treatment plans and advanced pain-reducing procedures including epidural steroid injections, medial branch blocks, radiofrequency ablations, trigger-point injections, peripheral nerve stimulation, and nerve blocks. Our patients feel the results!

**86% of patients** report moderate to significant improvement following a procedure.

**95% of patients** report that their radiofrequency ablation (RFA) was beneficial.

*RFA is a minimally-invasive procedure that uses an electric current produced by a radio wave to heat nerve tissue and reduce or stop the transmission of pain. This non-surgical treatment takes place in the pain clinic over the course of 20 minutes – 1.5 hours.*



**Patients Recommend Avita Pain Management**

**4.9 out of 5 patients** would recommend our program to others.\*

### Doctors Recommend Avita Pain Management

*"I am very grateful for Avita's Pain Management department. Both Drs. Sharma and Swain are top notch doctors with excellent training. My patients consistently report that both doctors have a very good bedside manner." – Dr. David Fitch, board-certified Physical Medicine and Rehabilitation specialist.*

To schedule an appointment, call **419-462-4547**.



**Arjun Sharma, MD**  
Pain Management



**A. Raj Swain, MD**  
Pain Management



**Erica Clinker, CNP**  
Pain Management

\*Data Source: PMG Data Management System, 2020

# Congratulations!

## The Society of 1906 Congratulates the 2020 Esteemed Physician and Visionary Award Recipients!

Avita Health Foundation honored its most generous donors and friends at the elegant Society of 1906 celebration at the Renaissance Theatre. This year, the Foundation presented four prestigious awards, including the 2020 Visionary Award and 2020 Esteemed Physician Awards.

### 2020 Visionary Award Winners, Charles and Marian Walker

As nominees, Charles and Marian Walker were described as a power couple who quietly built a business, raised their family, and supported many important causes and organizations in Galion, including Galion Hospital, for more than four decades. Providing leadership and service to support Avita Health System's mission of "improving the health and well-being of those we serve" has been most evident by the people who described Charles and Marian. For more than 35 years, Marian has volunteered at Galion Hospital and Charlie has served on the Board of Directors. Charlie was instrumental in the establishment of Avita Health System when Bucyrus and Galion Hospitals came together 10 years ago. Their continued volunteerism, philanthropy, and vision for their community and



Marian and Charlie Walker

Avita will have lasting and meaningful effects to the residents and City of Galion.

### 2020 Esteemed Physician for community impact, James D. Heddleson, DO

Dr. James D. Heddleson was nominated for his leadership as Chief of Staff during the COVID-19 pandemic and for his tireless work and care of COVID-19 patients. As the Medical Director of Inpatient Services, Dr. Heddleson worked night and day to care for the surge of coronavirus patients, traveling daily between hospitals in Bucyrus, Galion and Ontario. He and his staff responded to patient needs, developed innovative treatments, supported crisis committees, and ensured Avita's ability to serve the overall health needs in our communities. Aside from his responsibilities as Chief of Staff and as a pulmonary and critical care specialist, Dr. Heddleson is extremely philanthropic to the



James D. Heddleson, DO

Avita Health Foundation and in his support of higher education and athletic programs.



## 2020 Esteemed Physician Award Posthumous Recipients



**Dr. Bernard Mansfield**  
Dr. Mansfield was recognized for his leadership, community service, and the impact his medical practice had on the Galion community.



**Dr. Robert L. Solt, Jr.**  
Dr. Solt, a Bucyrus native, was recognized for dedicating his life to serving the community as a well-respected surgeon for Bucyrus Hospital.



Check out the videos of our recipients and make your nomination for the 2021 Visionary and Esteemed Physician Awards online at [avitahealth.org/foundation/society-of-1906/#societies](http://avitahealth.org/foundation/society-of-1906/#societies) or make a gift in honor of the 2020 recipients to the Society of 1906.



# SAME DAY DISCHARGE

## for Joint Replacement Patients

Scott Foster, MD offers outpatient total hip and knee replacement surgery at Avita Ontario Hospital. Patients who meet the criteria for outpatient joint replacement will be able to go home from the hospital on the day of their surgery.

"Almost half of my patients are now discharged on the day of surgery due to improvements in surgical and pain management techniques," says Dr. Scott Foster, fellowship-trained and board-certified joint replacement specialist at Avita Health System. "Patients are up and walking within hours after surgery."

“ALMOST HALF OF MY PATIENTS ARE NOW DISCHARGED ON THE DAY OF SURGERY.”

To qualify for outpatient hip or knee replacement, patients must meet certain health requirements and have someone available to stay-at-home with them on the night of surgery. Motivation is also a factor.

Dr. Foster uses advanced pain management and surgical techniques to help control pain, aid recovery, and get patients back to normal activities quicker. "For total knee patients, I use the ON-Q non-narcotic portable pain relief system to reduce discomfort post-operatively. This system can be used in the hospital and at home," explains Dr. Foster. "For total hip patients, I use a minimally-invasive approach called direct anterior hip arthroplasty which allows me to perform hip replacement without cutting the muscle. This technique can provide faster functional recovery in the days after surgery."

While highly beneficial for certain patients, same day discharge is not right for everyone. Some joint replacement patients need a little extra care with just 1-2 nights in the hospital.



**Scott Foster, MD**  
419-709-8650

## Orthopedic & Sports Medicine Providers

**Samantha Bark, DPM**  
*Foot and Ankle Specialist*  
Galion  
419-468-7059

**Christopher Cannell, MD**  
*Physical Medicine & Rehab*  
Galion  
419-468-7059

**Robert Dawson, MD**  
*Hand & Upper Extremity Surgery*  
Galion, Ontario  
419-468-7059

**David Fitch, DO, MS**  
*Physical Medicine & Rehab*  
Galion, Ontario  
419-709-8645

**Scott Foster, MD**  
*Joint Replacement*  
Ontario  
419-709-8650

**Robert Kalb, MD**  
*Orthopedic Surgery*  
Bucyrus  
419-562-5281

**James Kerbs, MD**  
*Orthopedic Surgery*  
Galion  
419-468-7059

**Kyle Randall, MD**  
*Orthopedic Surgery & Sports Medicine*  
Ontario, Bellville  
419-709-8645

**Jeremy Riehm, DO**  
*Orthopedics & Sports Medicine*  
Ontario, Bellville  
567-307-7595

**Michael Swiatek, DPM**  
*Foot and Ankle Specialist*  
Galion, Bellville  
419-462-3465

**Ryan Wagner, MD**  
*Orthopedics & Sports Medicine*  
Bucyrus  
419-562-5281

**Thomas Zuesi, DO**  
*Orthopedics & Sports Medicine*  
Galion, Ontario  
419-468-7059

**Laurie Cullen, PA-C**  
*Hand & Upper Extremity Surgery*  
Galion, Ontario  
419-468-7059

**Jordyn Hatcher, CNP**  
*Orthopedics & Sports Medicine*  
Ontario  
419-709-8645

**Chad Miley, CNP**  
*Joint Replacement*  
Ontario  
419-709-8650



“ I COULDN'T HAVE ASKED FOR A BETTER RECOVERY.”

## STILL GOING *strong*

### JEAN'S HIP REPLACEMENT JOURNEY

Jean H. used to transcribe for Dr. James Kerbs, which is why she turned to him when she started having issues with her hip. She was having trouble sliding into booths at restaurants, experiencing pain off-and-on, and it took more and more effort to get around. In 2016, she decided it was time for a change and had a hip replacement.

Five years later, Jean is still pain free and getting around much easier than before surgery. She said Dr. Kerbs did a great job taking care of her. "I would 100% recommend him to everyone looking into joint replacement."

Jean described her hip replacement as a total success. She had no issues and was back at home in a few days. Being in her 80's, she said, "I was no spring chicken, but I came out just fine." She had to use a medical bed and walker for about a month. Then she was able to head back upstairs to her old bedroom. "I couldn't have asked for a better recovery."

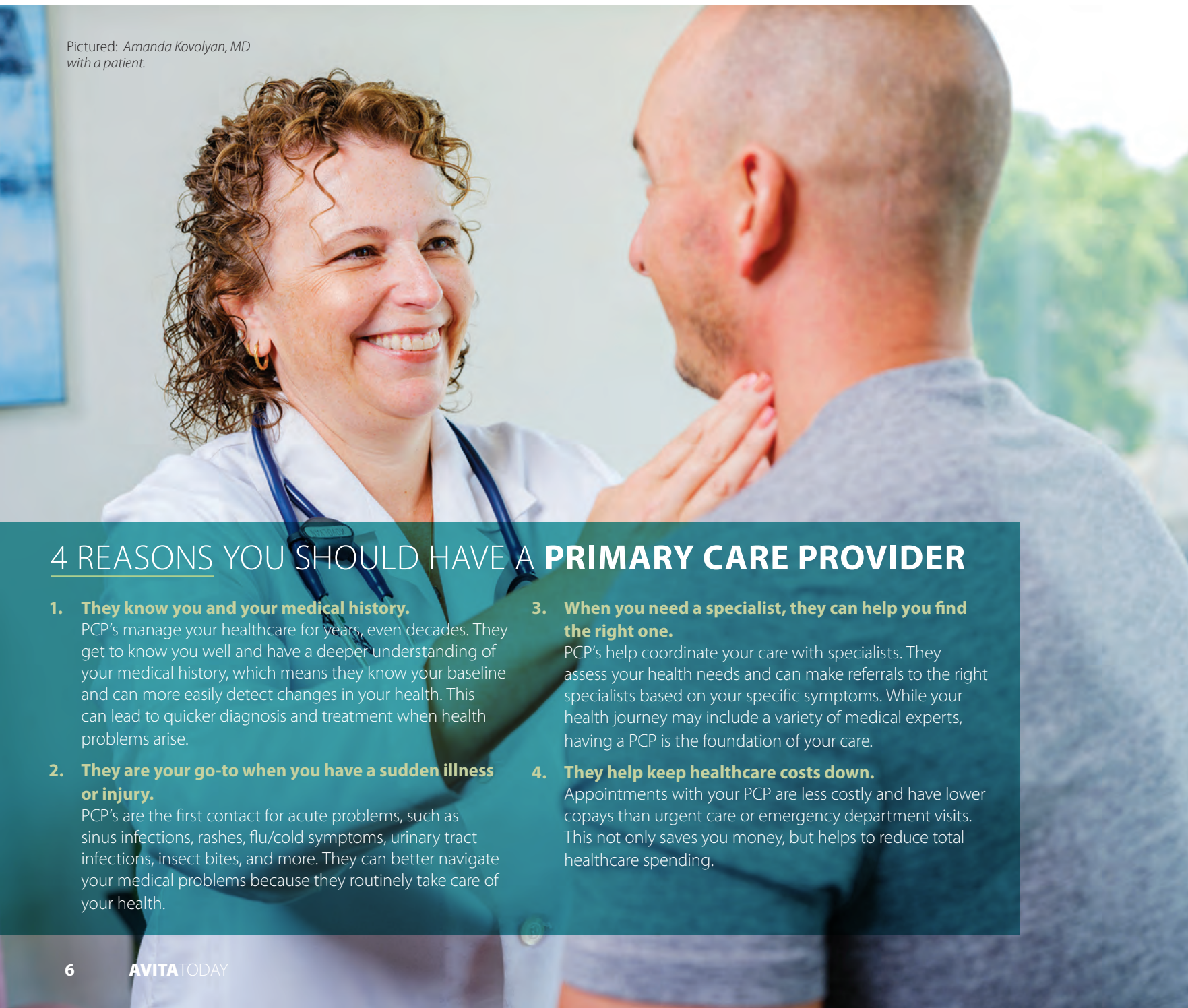


**James Kerbs, MD**  
419-468-7059



# Having a Primary Care Provider Can **IMPROVE YOUR HEALTH**

*Pictured: Amanda Kovolyan, MD with a patient.*



If you're looking for a PCP, there are many options to fit your needs. You can choose one that specializes in family medicine, internal medicine, or pediatrics. Your PCP may be a doctor, nurse practitioner or physician assistant. **The choice is yours!**

READY  
TO FIND  
YOUR  
PCP?



It's easy! Use our find-a-doctor feature on [avitahealth.org](http://avitahealth.org) or let us do the work for you by calling our **Provider Referral Line** at **419-468-0961**.



*Pictured: Lynne Werth, MD with a patient.*

## 4 REASONS YOU SHOULD HAVE A PRIMARY CARE PROVIDER

- 1. They know you and your medical history.**  
PCP's manage your healthcare for years, even decades. They get to know you well and have a deeper understanding of your medical history, which means they know your baseline and can more easily detect changes in your health. This can lead to quicker diagnosis and treatment when health problems arise.
- 2. They are your go-to when you have a sudden illness or injury.**  
PCP's are the first contact for acute problems, such as sinus infections, rashes, flu/cold symptoms, urinary tract infections, insect bites, and more. They can better navigate your medical problems because they routinely take care of your health.
- 3. When you need a specialist, they can help you find the right one.**  
PCP's help coordinate your care with specialists. They assess your health needs and can make referrals to the right specialists based on your specific symptoms. While your health journey may include a variety of medical experts, having a PCP is the foundation of your care.
- 4. They help keep healthcare costs down.**  
Appointments with your PCP are less costly and have lower copays than urgent care or emergency department visits. This not only saves you money, but helps to reduce total healthcare spending.

### Family Medicine

#### BELLVILLE

David Stormont, MD  
419-462-3425  
Megan Crowley, DNP  
567-560-3792

#### BUCYRUS

Amanda Kovolyan, MD  
419-563-9855  
Brandi Blanton, CNP  
419-563-0300  
Melodie Fagan, CNP  
419-563-9855  
Barbara Wickham, CNP  
419-468-8323

#### CRESTLINE

Sarah Metzger, MD  
419-468-0796  
Wendy Kerr, CNP  
419-462-4505  
Jenna Miller, CNP  
419-462-4558

#### GALION

David Stormont, MD  
419-462-3425  
Mark Wood, DO  
419-468-4220  
Sarah Eshelman, CNP  
419-468-4220

Jacob Kessler, CNP  
419-462-3425

Barbara Wickham, CNP  
419-468-8323

Rob Wisner, PA-C  
419-462-4560

#### NEW WASHINGTON

Fereshte Khavari, MD  
419-492-2200  
Trish Trubachik, CNP  
419-492-2200

#### ONTARIO

Edward Adkins, MD  
419-529-6195  
Melissa Becker, MD  
419-522-0948  
Adam Bihl, MD  
567-307-7835  
Harold Brown, DO  
567-307-7860  
Lynne Werth, MD  
419-709-8640  
Julie Burkhart, CNP  
419-522-0948

Amber Campbell, CNP  
419-529-6195

Charlie Davis, PA-C  
419-709-8640

Patty Fleming, CNP  
419-529-6195

Natalie Roby, CNP  
419-522-0948

### Internal Medicine

#### BUCYRUS

R. Todd Strickland, MD  
419-563-0300  
Nyan Win, MD  
419-563-9329

#### CRESTLINE

Andrew Lee, MD  
419-468-0449

#### GALION

James Goudy, II, MD  
419-468-8323

M. Ursachi, MD  
419-468-0596

#### ONTARIO

Eric Haus, DO  
419-462-4561

John Nirmalnath, MD  
419-462-4561

Anil Paul, MD  
419-522-3751

James Richardson, MD  
419-775-0042

### Pediatrics

#### BUCYRUS

Ryan Hohman, MD  
419-563-9865

#### CRESTLINE

Andrew Lee, MD  
419-468-0449

#### GALION

Howard Eckstein, MD  
419-462-4540

Rob Harritz, MD  
419-462-3863

Heather Kremin, DO  
419-462-3862

#### ONTARIO

Cheryl Clay, MD  
419-756-8511

Lindsey Wolf, CNP  
419-756-8511



Pictured left to right:  
Heather Kremin, DO;  
Rob Harriz, MD



# Expanding PEDIATRIC CARE

YOUR CHILD'S HEALTH IS YOUR #1 PRIORITY. GIVE THEM THE SPECIALIZED CARE THEY DESERVE.

At Avita Health System, our pediatric team provides a full spectrum of care from well-child exams and immunizations to the treatment of illnesses and disorders. Children ranging from newborns to young adults can benefit from Avita's specialized pediatric services including pediatric primary care, occupational therapy, physical therapy, speech therapy, as well as lab and radiology services for all ages. Braced by a strong primary care team for the whole family, our expert pediatricians have the resources your child needs to build a solid foundation for a healthy life.



## Meet the Rest of the Pediatric Team



**Cheryl Clay, MD**  
Ontario  
419-756-8511



**Howard Eckstein, MD**  
Galion  
419-462-4540



**Ryan Hohman, MD**  
Bucyrus  
419-563-9865



**Andrew Lee, MD**  
Crestline  
419-468-0449



**Lindsey Wolf, CNP**  
Ontario  
419-756-8511

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### ROB HARRIZ, MD

Dr. Harriz earned his Medical Doctorate from St. George's University School of Medicine in Grenada, West Indies and completed a residency at SUNY Downstate Medical Center in Brooklyn, New York. Dr. Harriz has special interests in learning disabilities, developmental pediatrics, childhood obesity, infectious disease, asthma, and dermatology.

### HEATHER KREMIN, DO

Dr. Kremin earned her Doctor of Osteopathic Medicine at Ohio University Heritage College of Osteopathic Medicine in Athens, Ohio and completed a residency at Akron Children's Hospital in Akron, Ohio. Dr. Kremin has a special interest in managing all pediatric disease processes.

Located at **270 Portland Way South in Galion.**

Schedule an appointment with Dr. Harriz at **419-462-3863** or Dr. Kremin at **419-462-3862.**



## 5 REASONS TO HAVE A PEDIATRICIAN FOR YOUR CHILD

- 1. Physical Exams** – It's recommended that children have 7 well-child visits with their pediatrician in the first 4 years of life and annual visits in the years that follow. These appointments are essential to keep your little one healthy and protected.
- 2. Immunizations** – Your child's pediatrician can provide recommended immunizations and answer any questions you have regarding the vaccines. Check out the vaccine schedule at the bottom of the page for ages 6 and younger.
- 3. Treat Sudden Illnesses and Injuries** – Pediatricians give expert advice and provide treatment when sicknesses and minor injuries pop up. Some of the most common symptoms of illness in children include sore throat, fever, rash, ear pain, colds, and cough.
- 4. Treat Chronic Diseases and Disorders** – According to the Centers for Disease Control and Prevention, approximately 25% of children in the U.S. from 2 to 8 years of age have a chronic health condition such as asthma, diabetes, allergies, obesity, and behavioral/learning problems. Pediatricians are vital to treating these conditions and helping you manage care at home.
- 5. Monitor Developmental Milestones** – Your child's pediatrician will perform developmental screenings and evaluations to ensure functional skills and age-specific tasks are being achieved. Avita provides a wide array of therapies to help treat developmental delays and keep your child on track for a happy, healthy life.

## Recommended Vaccine Schedule for ages 6 years and younger\*

Vaccines	Birth	1 mo	2 mos	4 mos	6 mos	12 mos	15 mos	18 mos	19-23 mos	2-3 yrs	4-6 yrs
HepB	1st	2nd				3rd					
RV			1st	2nd	3rd						
DTap			1st	2nd	3rd		4th				5th
Hib			1st	2nd	3rd	4th					
PCV			1st	2nd	3rd	4th					
IPV			1st	2nd		3rd					4th
Influenza								Yearly			
MMR						1st					2nd
VAR						1st					2nd
HepA							2-dose series				

Source: Centers for Disease Control and Prevention\*



# 5 TIPS to Maintain **Good Heart Health**



## Eat a healthy diet

Choose foods that are high in fiber such as vegetables, fruit, and whole grains. Reduce your intake of salt, saturated fat, trans fat, and processed sugar. And don't forget to control your portion size.



## Maintain a healthy weight

How do you know if you're at a healthy weight? Your doctor can help by calculating your body mass index (BMI). It's a screening tool that uses your height and weight to measure your body size. A higher BMI may indicate high body fat and put you at greater risk for heart disease. Good nutrition and regular physical activity can help you reduce your weight. Avita also offers bariatric surgery options.



## Get physically active

Your heart is a muscle. It needs to work out! At least 20 minutes a day of moderate-intensity aerobic exercise will help strengthen your heart and improve its ability to pump blood throughout your body. Examples of aerobic exercise include brisk walking, running, cycling, and swimming. Strength and resistance training are also important for heart health such as lifting with free weights, using weight machines, and strength-training with your own body weight.



## Limit alcohol consumption

Drink alcohol only in moderation. This means 2 drinks or less for men per day and 1 drink or less for women per day. Alcohol is generally high in calories and low in nutritional value. Excessive drinking is linked to poor heart health including high blood pressure, abnormal heart rhythms, and cardiomyopathy.



## Do not smoke

Your heart needs oxygen-rich blood to pump to your body. When inhaling cigarette smoke, you're breathing in harmful chemicals that damage the function of your heart and blood vessels. Smoking can harden your arteries and cause plaque buildup, thus restricting blood flow and limiting oxygen-rich blood to your organs and other parts of your body. Smoking may lead to heart attack or stroke.

## Did you know that Avita offers 24/7 Heart Attack Care?

Day or night, we are always ready to care for your heart!

### CARDIOLOGY PROCEDURES

- Cardiac Catheterization
- Balloon Angioplasty
- Stent Placement
- Angiograms
- Aortic Aneurysm Repairs
- Atherectomy
- Thrombectomy
- Inferior Vena Cava (IVC) Filter Placement & Retrieval
- Implantable Cardioverter Defibrillator
- Pacemaker Implantation
- Heart Rhythm Monitor Implantation
- CardioMEMS™ Device Implantation
- SuperSaturated Oxygen Therapy



# SAVE YOUR LUNGS, SAVE YOUR LIFE.

Smoking is the leading cause of preventable death, inducing a variety of diseases such as cancer, heart disease, stroke, lung diseases, diabetes, and chronic obstructive pulmonary disease (COPD), which includes emphysema and chronic bronchitis.\*\*

Quitting smoking can be difficult, but you can increase your chances of success with professional help. **Avita Health System's Tobacco Quit Program**, within the Medication Management Center, is comprised of a dedicated team of pharmacists who are ready to guide you on your journey to a tobacco free life. Using the latest medications and techniques, our team can help you kick the habit for good with a personalized quit plan. We will support you, answer your questions, and provide advice every step of the way.

To schedule an appointment for Avita's Tobacco Quit Program or for more information, visit [avitahealth.org/services/tobacco-cessation](http://avitahealth.org/services/tobacco-cessation)

## HEALTH BENEFITS of quitting smoking\*

- Heart rate and blood pressure lowers
- The carbon monoxide level in blood returns to normal
- Circulation improves and lung function increases
- Coughing and shortness of breath decrease
- Risk of heart disease drops dramatically
- Risk of lung, mouth, throat, esophagus, and bladder cancer is cut in half

## Avita Heart Team



**Michael Davis, MD, MBA**  
Medical Director of Cath Lab Services  
Interventional Cardiology  
Vascular Medicine



**Ernest Gumprecht, MD**  
General Cardiology



**James Kim, MD**  
Interventional Cardiology  
Vascular Medicine



**Wisam Martini, MD**  
Interventional Cardiology  
Vascular Medicine



**Joseph Mayo, MD, PhD**  
Interventional Cardiology



**William Polinski, DO, PhD**  
General Cardiology



**Errol Williams, MD**  
General Cardiology



To schedule an appointment at Avita Heart, call **419-462-4600**.



“Smoking is a killer. The impact of smoking cessation for both the individual and our society as a whole is tremendous and undeniable.”

— **G. Amurao, MD**

Board-certified pulmonologist, Dr. Amurao specializes in treating diseases of the lungs. Call **419-462-4588** to schedule an appointment.





# Goodbye Foot Pain. Hello Fun!

## GETTING RONDA BACK TO DOING THE ACTIVITIES SHE LOVES

Ronda S. had suffered from bunions on her toes for three years. They were very painful and got in the way of her daily life. "It made it painful to walk and my shoes didn't fit right." This affected some of Ronda's favorite hobbies like biking, kayaking, and gardening. So, earlier this year she decided to get her feet checked.

The first podiatrist Ronda visited recommended an invasive bunion surgery that would have taken her off her feet for over 6 weeks. She said, "That scared the crap out of me!" So, Ronda began searching for a second opinion. That's when she found Dr. Samantha Bark. "She's amazing! Very good at what she does." Dr. Bark explained the benefits of minimally-invasive bunion surgery, and Ronda decided to go through with it.

Ronda arrived at the hospital around 7am for surgery and was walking out by lunchtime. She was in a post-op shoe for a few weeks while she healed, but was happy to be up and on her feet. Ronda added, "It's just two very little scars. You wouldn't even know they are there!"

After a few weeks, Ronda was enjoying the activities she loves once again. Her advice, "Don't put off getting your bunions taken care of. There's no reason to live with the pain."



**Samantha Bark, DPM**  
419-468-7059

### Ronda's Feet BEFORE & AFTER



## Salute to **ADAM BIHL, MD**

**FAMILY MEDICINE PHYSICIAN**

**THANK YOU FOR YOUR SERVICE TO OUR COUNTRY AND COMMUNITY**

Adam Bihl, MD is a family medicine doctor at Avita Health System and a lieutenant colonel in the United States Air National Guard. He joined the military at the age of 45 to "be part of something bigger." Through his service and sacrifice, he has had the opportunity to "meet people from all backgrounds and from all over the US and the world." His commitment to serving others has undoubtedly made an impact on countless lives.

#### Q: What all have you done in your service?

**A:** I've been trained as a flight surgeon. We have three jobs. We care for the air crew. In that capacity, we fly with them to better understand what they do and the stresses of flight. We perform occupational medicine which consists of keeping the work environment at the base safe along with determining fitness for duty. And we supervise the public health people which includes vaccinating deployers and minimizing health risks in the deployed setting.

#### Q: What locations have you served?

**A:** I've been several places in the US for training including Alabama, Washington, and Dayton. I've been to Germany and we did a humanitarian trip in Angola, Africa.

#### Q: Do you have a favorite job you did for the military?

**A:** It's certainly fun flying! Very few people get to sit in the front of a C-130 and watch nighttime landings in the dark without runway lights through night vision goggles. During my training, I even got to fly a small private plane. Really, my favorite part is the people I work with. Everyone I work with at the base goes above and beyond to take care of each other.

#### Q: Has your service helped you grow as a medical provider?

**A:** The training I've received in the military has really expanded my knowledge of occupational medicine and public health. I also learned about tropical medicine while in Africa. There are diseases we don't see in the US very often because of climate differences, so I got to learn directly from those who treat them on a daily basis. I think one of the best skills I've learned is how to lean on your history and exam findings. Frequently in the military, you are practicing medicine in austere environments with less technology. You really have to count on your ability to make clinical decisions without a lot of the testing we would have available stateside. We get spoiled working in an office attached to a hospital with 24/7 labs, the most sophisticated imaging, and quality specialists at our fingertips.



### Dr. Bihl's Service History

**Military Branch:** USAF Air National Guard  
**Number of Years Served:** 6  
**Status:** Currently Serving  
**Occupation:** Flight Surgeon  
**Highest Rank:** Lieutenant Colonel

**Locations Served:** 179th Airlift Wing, Mansfield, OH  
**Medals/Commendations:** The Air Force Achievement Medal, National Defense Service Medal, Global War on Terrorism Service Medal, Army Achievement Medal





Thomas Smith, DO - Bariatric Surgery

# AVITA MEDICAL PROVIDERS

## by specialty

\*Denotes non-employed providers

### Audiology

Ann Cola-Schuh, Au.D  
Galion.....419-468-0547  
Ontario.....419-775-1091, opt. 3  
Kim Obringer, Au.D  
Emily Pickett, Au.D  
Emily Rospert, Au.D  
Ontario.....419-775-1091, opt. 3

### Bariatrics

Linden Karas, MD.....567-307-7854  
Thomas Smith, DO.....419-462-3839  
Deanna Miller, CNP.....567-307-7854

### Cardiology

Michael Davis, MD.....419-462-4600  
Ernest Gumprecht, MD.....419-462-4600  
James Kim, MD.....419-462-4600  
Wisam Martini, MD.....419-462-4600  
Joseph Mayo, MD.....419-462-4600  
William Polinski, DO.....419-462-4600  
Errol Williams, MD.....419-462-4600  
Hannah McKee, CNP.....419-462-4600

### Ear, Nose, & Throat

Michael Barat, MD.....419-775-1091  
Fernando Morell, MD.....419-775-1091

### Endocrinology

Todd Darmody, MD.....419-462-4656  
Sarah Beattie, DNP.....419-462-4656

### Family Medicine

Edward Adkins, MD.....419-529-6195  
Melissa Becker, MD.....419-522-0948  
Adam Bihl, MD.....567-307-7835  
Harold Brown, DO.....567-307-7860

Fereshte Khavari, MD.....419-492-2200  
Amanda Kovolyan, MD.....419-563-9855  
G. David Long, MD.....419-529-6195  
Sarah Metzger, MD.....419-468-0796  
David Stormont, MD.....419-462-3425  
Lynne Werth, MD.....419-709-8640  
Mark Wood, DO.....419-468-4220  
Brandi Blanton, CNP.....419-563-0300  
Julie Burkhart, CNP.....419-522-0948  
Amber Campbell, CNP.....419-529-6195  
Megan Crowley, DNP.....567-560-3792  
Charlie Davis, PA-C.....419-709-8640  
Sarah Eshelman, CNP.....419-468-4220  
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Trish Trubachik, CNP.....419-492-2200  
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### Gastroenterology & Hepatology

William Emlich, Jr., DO.....419-526-4266

### General Surgery

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Linden Karas, MD.....567-307-7854  
P. Stephen Novack, DO.....419-468-7785  
Daryl Sander, MD.....419-468-7785  
Thomas Smith, DO.....419-462-3839  
David Zaghlood, DO.....419-468-7785

### Geriatrics, Hospice, & Palliative Care

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Rebecca L. Strickland, MD.....419-563-0300  
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### Home Health & Hospice

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.....419-468-7985

### Infectious Disease

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### Internal Medicine

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Andrew Lee, MD.....419-468-0449  
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James Richardson, MD.....419-775-0042  
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### Joint Replacement

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Robert Kalb, MD.....419-562-5281  
James Kerbs, MD.....419-468-7059  
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### Nephrology

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### Neurology

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Steven Benedict, MD\*.....419-462-4630  
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Brittani Atwood, CNP.....419-462-4630

### Neurosurgery

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### OB/GYN

John Bailey, MD.....419-468-0111  
Anne Clark, DO.....419-563-9875  
Gwendoline Fang, MD.....567-307-7663  
Tyler Huggins, MD.....419-468-0111  
Sherri Gillam, CNP.....419-468-0111  
Ami Hay, CNP.....419-468-0111

### Women's Care

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Edroy McMillan, MD\*.....567-307-7869  
Allison Pruett, MD\*.....567-307-7869  
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### Occupational Medicine

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Trisha Kinstle, CNP.....419-342-1490  
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### Ophthalmology

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Amit Tandon, MD\*.....419-462-4537

### Optometry

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### Orthopedics & Sports Medicine

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Scott Foster, MD.....419-709-8650  
Robert Kalb, MD.....419-562-5281  
James Kerbs, MD.....419-468-7059  
Kyle Randall, MD.....419-709-8645  
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### Pain Management

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Erica Clinker, CNP\*.....419-462-4547

### Pediatrics

Cheryl Clay, MD.....419-756-8511  
Howard Eckstein, MD.....419-462-4540  
Rob Harriz, MD.....419-462-3863  
Ryan Hohman, MD.....419-563-9865  
Heather Kremin, DO.....419-462-3862  
Andrew Lee, MD.....419-468-0449  
Lindsey Wolf, CNP.....419-756-8511

### Physical Medicine & Rehabilitation

Christopher Cannell, MD.....419-468-7059  
David Fitch, DO.....419-709-8645

### Plastic & Reconstructive Surgery

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Teresa Ghazoul, MD.....567-307-7642

### Podiatry

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Michael Swiatek, DPM.....419-462-3465

### Psychology

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### Pulmonary Medicine & Critical Care

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James D. Heddeson, DO.....419-462-4588  
Daniel Iltchev, MD.....419-462-4588  
Satyasagar Morisetty, MD.....419-462-4588

### Rheumatology

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### Sleep Medicine

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Tiffini Pinion, CNP.....419-462-3340

### Spine Services

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Ryan Wagner, MD.....419-562-5281

### Therapy Services

**Physical Therapy & Occupational Therapy**  
Avita Pediatric Therapy Center  
.....419-468-0570  
Avita Therapy & Sports Medicine  
Crestline.....419-683-4526  
Bucyrus.....419-562-1009  
Galion.....419-468-9194  
Galion Hospital Inpatient Rehab  
.....419-468-0885  
Avita Summit Therapy  
& Performance Centers.....419-756-2525  
Workwell Occupational Health Services  
.....419-468-0630

### **Speech and Pediatric Speech Therapy**

Bucyrus.....419-468-0547  
Galion.....419-468-0547  
Ontario.....419-775-1091, opt. 3

### Thoracic Surgery

Barry Zadeh, MD\*.....419-462-4541

### Urology

Adam Clemens, MD.....419-468-0732  
Tracy Fulton, CNP.....419-468-0732  
Sean Hart, CNP.....419-468-0732

### Vascular & Endovascular Services

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James Kim, MD.....419-462-4600  
Wisam Martini, MD.....419-462-4600  
Barry Zadeh, MD\*.....419-462-4541

### Wound Care

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Barry Zadeh, MD\*.....419-462-4541  
Heather Auck, CNP  
Galion.....419-462-4597  
Bucyrus.....419-563-9899  
Ami Hay, CNP.....419-462-4597

PROVIDER  
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**BUCYRUS HOSPITAL  
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## AVITA ONTARIO HOSPITAL IS ADDING MORE **INPATIENT ROOMS** AND AN **OB UNIT!**

In March 2021, Avita Health System started its third phase of construction at Ontario Hospital. Phase III is taking place on the second floor and includes additional med/surg and ICU patient rooms, as well as an obstetrics unit with state-of-the-art labor and delivery suites. Completion is expected in early 2022.

# Take a Sneak Peek at Phase III of Ontario Hospital...

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